

# Don't Be Messin'

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Frank Cooper (CAN)  
音乐: Don't Mess With the Radio - Nivea



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## STEP FORWARD, SHUFFLE FORWARD, STEP FORWARD, ROCK STEP FORWARD, COASTER STEP

1                    Step forward on right foot  
2&3                Step forward on left foot, bring right foot up to left, step forward on left  
4                    Step forward on right foot  
5-6                Rock forward on left foot, recover onto right foot  
7&8                Step back on left foot, step together with right foot, step forward on left foot

## ROCK STEP FORWARD, TRIPLE ½ TURN RIGHT, HEEL SWITCHES, TOUCH, TWIST, TWIST

9-10                Rock forward on right foot, recover onto left foot  
11&12             Triple step a ½ turn right stepping right, left, right  
13&14             Touch left heel forward, step left foot home, touch right heel forward  
&15&16            Bring right foot home, touch left toe forward, twist both heels to the left, bring both heels home to center

## MASHED POTATOES, COASTER STEP, TWO STEP ½ TURN LEFT, COASTER

&17                Swivel both heels out to sides while slightly lifting right foot off the floor, touch right toe in front of left foot  
&18                Swivel both heels out to sides while slightly lifting right foot off the floor, step back on right foot  
19&20             Step back on left foot, step together with right foot, step forward on left foot  
21-22             Step right foot to side making a ¼ turn left, step back on left foot making a ¼ turn left  
23&24             Step back on right foot, step together with left foot, step forward on right foot

## TOUCH FORWARD, STEP FORWARD, TOUCH FORWARD, STEP FORWARD, SIDE ROCK, CROSSING SAILOR ¼ TURN LEFT

25-26             Touch left toe forward, step forward on left foot  
27-28             Touch right toe forward, step forward on right foot  
29-30             Rock left foot out to the left side, recover onto right foot  
31&32             Step left foot across right foot, step back on right foot ¼ turn left, step back on left foot

**REPEAT**

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