

Don't Be Gone Long

拍数: 64 墙数: 1 级数:
编舞者: Allan Burr (AUS) & Karen Burr (AUS)
音乐: If You're Leavin' - Tania Kernaghan



1-4 Right rocking chair; step forward on right, rock back on left, step back on right, rock forward on left
5-6 Step forward on right, rock back on left
7&8 Turning $\frac{3}{4}$ turn ($\frac{3}{4}$ turn) right triple step right-left-right

1-4 Left rocking chair; step forward on left, rock back on right, step back on left, rock forward on right
5-6 Step forward on left, rock back on right
7&8 Turning $\frac{3}{4}$ turn ($\frac{3}{4}$ turn) left triple step left-right-left

1-2 Step right to right side, step left behind right

Following 6 counts travel slightly backwards

&3 Step onto ball of right foot to right side, replace weight on left
4 Cross/step right behind left
&5 Step onto ball of left foot to left side, replace weight on right
6 Cross/step left behind right
&7 Step onto ball of right foot to right side, replace weight on left
8 Cross/step right behind left

Following 8 counts travel forward ending up facing the back

1-2 Traveling forward full turn full turn left stepping left then right
3&4 Shuffle forward left-right-left
5-6 Traveling forward full turn full turn right stepping right then left
7&8 Turning $\frac{1}{2}$ turn right triple step right-left-right

Next 32 beats are a mirror image of the above 32 beats

1-4 Left rocking chair; step forward on left, rock back on right, step back on left, rock forward on right
5-6 Step forward on left, rock back on right
7&8 Turning $\frac{3}{4}$ turn ($\frac{3}{4}$ turn) left triple step left-right-left

1-4 Right rocking chair; step forward on right, rock back on left, step back on right, rock forward on left
5-6 Step forward on right, rock back on left
7&8 Turning $\frac{3}{4}$ turn ($\frac{3}{4}$ turn) right triple step right-left-right

1-2 Step left to left side, step right behind left

Following 6 counts travel slightly backwards

&3 Step onto ball of left foot to left side, replace weight on right
4 Cross/step left behind right
&5 Step onto ball of right foot to right side, replace weight on left
6 Cross/step right behind left
&7 Step onto ball of left foot to left side, replace weight on right
8 Cross/step left behind right

Following 8 counts travel forward ending up facing the back

1-2 Traveling forward full turn full turn right stepping right then left
3&4 Shuffle forward right-left-right
5-6 Traveling forward full turn full turn left stepping left then right

7&8

Turning $\frac{1}{2}$ turn left triple step left-right-left

REPEAT
