

Don't Act

拍数: 32 墙数: 4 级数: Improver
编舞者: DJ Dan (NL) & Wynette Miller (NL)
音乐: Don't Act - Rhonda Vincent



HEEL TOUCHES, TRIPLE STEP; RIGHT AND LEFT

1-2 Touch right heel forward, touch right heel forward on right diagonal
3&4 Triple on the spot stepping right, left, right
5-6 Touch left heel forward, touch left heel forward on left diagonal
7&8 Triple on the spot stepping left, right, left

TWO SHUFFLES FORWARD, ROCK STEP FORWARD, ½ TRIPLE TURN RIGHT

1&2 Shuffle forward stepping right, left, right
3&4 Shuffle forward stepping left, right, left
5-6 Rock right forward, recover onto left
7&8 Triple on the spot ½ turn right stepping right, left, right (6:00)

DIAGONAL STEP FORWARD, TOGETHER, APPLE JACK; LEFT AND RIGHT

1-2 Step left forward on left diagonal, step right next to left slightly apart
& Weight on left heel and ball of right, swivel left toe and right heel to the left
3 Swivel left toe and right heel back to center
& Weight on right heel and ball of left, swivel right toe and left heel to the right
4 Swivel right toe and left heel back to center (weight ends on left)
5-6 Step right forward on right diagonal, step left next to right slightly apart
& Weight on left heel and ball of right, swivel left toe and right heel to the left
7 Swivel left toe and right heel back to center
& Weight on right heel and ball of left, swivel right toe and left heel to the right
8 Swivel right toe and left heel back to center (weight ends on right)

SIDE ROCK, TWO SAILOR STEPS, SAILOR STEP ¼ TURN LEFT

1-2 Rock left to left side, recover weight onto right
3&4 Cross left behind right, step right to right side, step left to left side
5&6 Cross right behind left, step left to left side, step right to right side
7&8 Cross left behind right, step right ¼ turn left, step left slightly forward (3:00)

REPEAT