Doin' All Right



编舞者: Dan Albro (USA)

音乐: I'm Doin' All Right - Van Zant



KICK, KICK, STEP, TOUCH, CLAP, KICK, KICK, STEP, TOUCH, CLAP

1-2&3-4 Kick right forward, kick right forward, quickly step right next to left, touch left to left side, clap 5-6&7-8 Kick left forward, kick left forward, quickly step left next to right, touch right to right side, clap

STEP, TOUCH, CLAP, STEP, TOUCH, CLAP, HIP BUMPS

&1-2 Quickly step right next to left, touch left toe to left side, clap
&3-4 Quickly step left next to right, touch right toe to right side, clap

5&6-7&8 Weighting right bumps hips right, left, right, weighting left bump hips left, right, left

HIP ROLLS WITH 1/4 TURN RIGHT, SHUFFLE FORWARD, ROCK, REPLACE

1-2 Roll hips counter to the right back, around doing 1/8 turn right

3-4 Roll hips counter to the right back, around doing 1/8 turn right weight on left

5&6 Step forward right, step left next to right, step forward right

7-8 Rock forward left, replace weight back on right

SHUFFLE BACK, ROCK, REPLACE, STEP, PIVOT ½, WALK, WALK

1&2 Step back left, step right next to left, step back left

3-4-5-6 Rock back on right, step forward left, step forward on right, pivot ½ left weight on left

7-8 Walk forward right, step forward left

Optional turn: while walking forward on 7-8 complete full turn left

REPEAT