

Doctor, Doctor

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Johnny S. (UK)
音乐: Bad Case Of Loving You - Robert Palmer



HIP SHAKES X 4, SWIVELS WITH ¼ TURNS, HOLD:

1-4 With feet slightly apart - shake hips to left twice, shake hips to right twice
5-8 On balls of feet swivel ¼ turn right, swivel ¼ turn left, swivel ¼ turn right, hold (now facing 9:00)

JUMPS - ¼ TURN LEFT & RIGHT, LEFT TWINKLE (FORWARD LEFT COASTER), RIGHT COASTER:

&1-2 Jump ¼ turn left on right-left (to face 12:00), clap
&3-4 Jump ¼ turn right on right-left (to face 9:00 again), clap
5&6 Cross-step left over right, step right to right side, step left in place
7&8 Cross-step right behind left, step left to left side, step right in place

WALK FORWARD LEFT & RIGHT, TOE TOUCH, HIP SHAKES; REPEAT:

1-2 Walk forward left, walk forward right
3&4& Touch left toe forward (no weight), shake/thrust hips forward-back-forward-back (weight on right)
5-6 Walk forward left, walk forward right
7&8& Touch left toe forward (no weight), shake/thrust hips forward-back-forward-back (weight on right)

Optional: on counts 3&4& and 7&8& place your right hand on right buttock to help with the shakes!
You can also holler 'doctor, doctor' when shaking hips forward and back - more fun!

POINT, PIVOT ½ TURN LEFT, KICK-BALL-CHANGE, STEP, PIVOT ½ TURN LEFT, KICK-OUT-OUT:

1-2 Point left toe back, pivot ½ turn left (weight goes onto left)
3&4 Right kick-ball-change
5-6 Step right forward, pivot ½ turn left
7&8 Kick right forward, step right in places slightly to right, step left in place slightly to left

REPEAT

TAGS

After you finished the 3rd sequence you'll be facing the 9:00 wall - and also when you finish the 6th sequence and facing the back wall for the second time, insert the following easy 16 count tag:-

1-4 Pop right knee in across left, hold, pop left knee in across right, hold
5-8 Pop right knee in, pop left knee in, pop right knee in, hold

1-4 Make right jazz box with ¼ turn right and scuff left forward
5-7 Cross left over right, step right back into ¼ turn left, step left in place
&8 Jump feet apart - right-left

After you finish the 8th sequence you'll be facing the front wall - insert the following 20 count tag -

1-4 Rock-step right forward, recover weight onto left, step right slightly to right side, hold
5-20 Repeat the above 16 count tag, then restart dance from beginning