

Doctor Jones

拍数: 32 墙数: 4 级数: Improver
编舞者: BM Leong (MY)
音乐: Doctor Jones - Aqua



SIDE, TOGETHER, STEP, TOUCH, HIP BUMPS

- 1-2 Step left foot to left side, step right beside left
- 3-4 Step left foot forward, touch right beside left
- 5-6 Touch right toe slightly right bumping hips right & up, bump hips left
- 7-8 Bump hips right & up, bump hips left

Alternative: RIGHT MAMBO, HOLD

- 5-6 Step right foot to right side, recover onto left
- 7-8 Touch right foot beside left, hold

SIDE, TOGETHER, BACK, TOUCH, HIP BUMPS

- 1-2 Step right foot to right side, step left beside right
- 3-4 Step right foot back, touch left beside right
- 5-6 Touch left toe slightly left bumping hips left & up, bump hips right
- 7-8 Bump hips left & up, bump hips right

Alternative: LEFT MAMBO, HOLD

- 5-6 Step left foot to left side, recover onto right
- 7-8 Touch left beside right, hold

LEFT ROLLING VINE, CROSS SHUFFLE, SIDE, ROCK

- 1-2 ¼ turn left stepping left foot forward, ¼ turn left stepping right to right side
- 3-4 ½ turn left stepping left foot to left side, touch right beside left
- 5&6 Cross shuffle on right-left-right
- 7-8 Step left foot to left side, recover onto right

LEFT KICK BALL-CHANGE, STEP, ¼ TURN RIGHT, CROSS SHUFFLE, FORWARD SHUFFLE

- 1&2 Left kick ball change
- 3-4 Step left foot forward, ¼ turn right on both feet
- 5&6 Cross shuffle on left-right-left
- 7&8 Forward shuffle on right-left-right

REPEAT
