

Do You Believe

拍数: 64 墙数: 2 级数: Easy Intermediate
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音乐: Believe - Cher : (iTunes and Spotify)



Start feet together with weight on L, approx 64 count intro. - No Tags/Restarts

S1 WALK FWD RL, FULL TURN, 2 X SHUFFLES FWD

1234 Walk fwd R, L, Turn full turn over L shoulder-stepping fwd R, L
5&6 Shuffle fwd RL
7&8 Shuffle fwd LRL

S2 2 X ¼ L PADDLES, 2 X SAILOR STEPS

1234 Step R fwd, paddle ¼ L, Step R fwd, paddle ¼ L (6 o'clock)
5&6 Step R behind L & step L to side, step R to side
7&8 Step L behind R & step R to side, step L to side

S3: Balljack x2, Rock Fwd, Recover, 3/4 R Triple Step

&1 Jump R back, L45
&2 Step L fwd, Step R tog
&3 Jump L back, R45
&4 Step R fwd, Step L tog (slightly fwd)
56 Rock R fwd, Recover weight on L
7&8 Turn 3/4 R stepping RLR on the spot (3 o'clock)

S4 ROCK FWD, RECOVER, 3 X ½ L TURNING SHUFFLES

123&4 Rock L fwd, recover, ½ L shuffle fwd LRL (9 o'clock)
5&6 Shuffle fwd RLR turning ½ L (3 o'clock)
7&8 Shuffle back LRL turning ½ L (9 o'clock)

S5 HIP SWAYS, KICKBALL CHANGE, COASTER STEP

1234 Stepping R to side-sway hips RLRL
5&6 Kick R fwd & step R tog, step L tog
7&8 Step R back & step L tog, step R fwd

S6 HIP SWAYS, KICKBALL CHANGE, COASTER STEP

1234 Stepping L to side-sway hips LRLR
5&6 Kick L fwd & step L tog, step R tog
7&8 Step L back & step R tog, step L fwd

S7 STOMP FWD, TWIST ¼ L, TWIST LRL, 2 X SAILOR STEPS

123&4 Stomp R foot fwd, twist both feet ¼ L, twist heels L & twist toes L, twist heels to centre (6 o'clock)
5&6 Step R behind L & step L to L, step R to side
7&8 Step L behind R & step R to R, step L to side

S8 STEP FWD, KICK, BACK, TOUCH, R45, L45, R45, CLAP

1234 Step R fwd, kick L foot fwd, step L back, touch R slightly back
5&6& Touch R heel fwd at 45° & step R tog, touch L heel fwd at 45° & step L tog
7 8 Touch R heel fwd at 45°, Clap hands

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