

# Do You Believe

拍数: 64      墙数: 2      级数:  
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音乐: Believe - Cher



## STEP SCUFFS FORWARD

- 1-2      Step forward on right foot, scuff left foot forward
- 3-4      Step forward on left foot, scuff right foot forward
- 5-6      Step forward on right foot, scuff left foot forward
- 7-8      Step forward on left foot, scuff right foot

## STEP BACK, FORWARD, ½ PIVOT TURN, SCUFF

- &1-2      Step back on right foot, step forward on left foot, step forward on right foot
- 3-4      Pivot ½ turn left ending with weight on left foot, scuff right foot across in front of left

## STEP FORWARD, SIDE ROCK, STEP FORWARD, SIDE ROCK

- 1&2      Step right foot across in front of left, step left foot to left side, step onto right foot in place
- 3&4      Step left foot across in front of right, step right foot to right side, step onto left foot in place

## JUMP FORWARD CLAP, JUMP BACK CLAP

- &1-2      Jump forward right-left & clap
- &3-4      Jump back right-left & clap

## APART, TOGETHER, APART, TOGETHER

- &1      Jump apart jumping right foot to right & left foot to left
- &2      Jump together right-left
- &3&4      Repeat steps &1&2

## LEFT LOCK STEP, SHUFFLE, RIGHT LOCK STEP, SHUFFLE

- 1-2      Step forward on left foot at 45 degrees left, slide right foot in behind left
- 3&4      Shuffle forward left-right-left
- 5-6      Step forward on right foot at 45 degrees right, slide left foot in behind right
- 7&8      Shuffle forward right-left-right

## TOE SWITCHES MOVING BACKWARDS

- 1&      Touch left toe in front, bring left toe together
- 2&      Touch right toe in front, bring right toe together
- 3&      Touch left toe in front, bring left toe together
- 4      Touch right toe in front (these movements are done while moving backwards)

## STEP ½ TURN, APART TOGETHER

- 1-2      Step forward on right foot, pivot ½ turn left (change weight to left)
- &3      Step right foot to right side, step left foot to left side
- &4      Step right foot together, tap left foot together

## ½ TURN, FULL TURN

- 1-2      Turning ½ turn left stepping left-right
- 3&4      Turning full turn left stepping left-right-left

## HIP BUMPS RIGHT, HIP BUMPS LEFT

- 1-2      Step slightly forward on right foot & bump hips forward twice
- 3-4      Step slightly forward on left foot & bump hips forward twice

### **TOE SWITCHES, APART TOGETHER**

- 1& Touch right toe in front, bring right foot together
- 2& Touch left toe in front, step left foot to the left side
- 3& Step right foot to the right side, step left foot together
- 4 Step right foot together

### **SHIMMY LEFT**

- 1-4 Step left foot to left side, shimmy shoulders, bring right foot together on the 4th beat

### **HEEL JACKS**

- &1&2 Step back & slightly to left with left foot, touch right heel in front, bring right foot together, step left foot together
- &3&4 Step back & slightly to right with right foot, touch left heel in front, bring left foot together, touch right foot beside left

### **SHIMMY RIGHT**

- 1-4 Step right foot to right side, shimmy shoulders, bring left foot together on the 4th beat

### **REPEAT**

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