

拍数: 32 墙数: 4 级数: Improver

编舞者: Junior Willis (USA)

音乐: No Shoes, No Shirt, No Problems - Kenny Chesney



TOUCH, KICK, TRIPLE FORWARD, ROCK, RECOVER, ½ TURN TRIPLE

1 Touch right in front of left

2 Kick right forward

3&4 Triple forward (right, left, right)

Rock forward on leftRecover on right

7&8 (Make ½ turn left on first step) triple (left, right, left)

STEP, TOE, STEP, TOUCH, 1/4 TURN STEP, TOUCH, STEP, STEP

1 Step right forward

2 Bend at knees, touch left toe behind right, slightly raising both arms up from sides (curtsy)

3 Step left back

4 Touch right in front of left

5 Turn ¼ to right with step on right

Touch left out to left side
 Step left behind right
 Step right forward

ROCK, RECOVER, 1 1/2 TURN TO LEFT WITH TRIPLE, STEP, SLIDE, STEP, TOUCH

1 Rock forward on left2 Recover on right

Triple forward (left, right, left) first step of triple make ½ turn left, second and third steps make

2 more ½ turns with arms in circle in front of body touching fingers to fingers

Step right forward
Slide left up to right
Step right forward

8 Touch left toe behind right

Option: on counts 3&4, instead of doing 3 turns just do the first ½ turn and finish the triple forward

STEP, TOUCH, STEP, ½ TURN TOUCH, STEP, SLIDE, STEP, TOUCH

1 Step back on left

2 Touch right toe in front of left

3 Step right forward

4 Turn ½ to left with a touch left toe in front of right

Step left forward
Slide right up to left
Step left forward

8 Touch right next to left

REPEAT