拍数： 48
墥数： 1
级数：Improver
编舞者：Irene Groundwater（CAN）
音乐：My Heart Cries for You－Red Foley


FORWARD，SIDE，REPLACE，CROSS，UNWIND ½ TURN LEFT FOR TWO COUNTS<br>1－3 Left forward，sidestep right，left steps in place<br>4－6 Cross right over left，unwind for two counts（making $1 / 2$ turn left）<br>Optional－dip right shoulder on cross step and straighten body on next 2 counts holding arms outstretched<br>SIDE，TOGETHER，TOGETHER，FORWARD，DRAG，TOUCH<br>7－9 Sidestep left，close right to left，left steps in place<br>10－12 Right forward，drag left towards right，left touches beside right

## BACK，¼ TURN RIGHT，CLOSE，¼ TURN RIGHT，POINT LEFT TOE TO LEFT，HOLD

13－15 Left back，right back making $1 / 4$ turn right，close left to right
16－18 Right forward making $1 / 4$ turn right，point left toe out to left side，hold
Optional－on steps 17 and 18 arms are outstretched and head faces left
$½$ TURN LEFT，POINT RIGHT TOE TO RIGHT，HOLD，BACK，DRAG，CLOSE
19－21 Left back making $1 / 2$ turn left，point right toe out to right side，hold
22－24 Right back，drag left towards right，left closes to right
Optional－on steps 20 and 21 arms are outstretched and head faces right
FORWARD，SIDE，REPLACE，CROSS，UNWIND ½ TURN RIGHT FOR TWO COUNTS
25－27 Right forward，sidestep left，right steps in place
28－30 Cross left over right，unwind for two counts（making $1 / 2$ turn right）
Optional－dip left shoulder on cross step and straighten body on nest 2 counts holding arms outstretched
SIDE，TOGETHER，TOGETHER，FORWARD，DRAG，TOUCH
31－33 Sidestep right，close left to right，right steps in place
34－36 Left forward，drag right towards left，right touches beside left
BACK， $1 / 4$ TURN LEFT，CLOSE， $1 / 4$ TURN LEFT，POINT RIGHT TOE TO RIGHT，HOLD
37－39 Right back，left back making $1 / 4$ turn left，close right to left
40－42 Left forward making $1 / 4$ turn left，point right toe out to right side，hold
Optional－on steps 41 and 42 arms are outstretched and head faces right
½ TURN RIGHT，POINT LEFT TOE TO LEFT，HOLD，BACK，DRAG，CLOSE
43－45 Right back making $1 / 2$ turn right，point left toe out to left side，hold
46－48 Left back，drag right towards left，right closes to left
Optional－on steps 44 and 45 arms are outstretched and head faces left

## REPEAT

To make this into a two－wall， 24 count beginner dance－dance steps 1 to 21 as shown above then BACK，TOGETHER，TOGETHER
22－24 Right back，close left to right，right steps in place
Start again from beginning

