Dream Shore

拍数: 32

级数: Improver

编舞者: Tanya Imesch (CH) & Sven CESARO (CH)

墙数:4

音乐: Everybody Cha-cha (The A Mix) - Cecil, Jonni, Lauro



STEP RIGHT SIDE, LEFT SAILOR STEP ¼ TURN LEFT, RIGHT SHUFFLE FORWARD, STEP LEFT, UNWIND RONDE ¾ RIGHT, BEHIND, SIDE, CROSS

- 1 Step right to right side
- 2&3 Step left behind right, step right to right side, make ¼ turn left and step left forward
- 4&5 Step right forward, step left next to right, step right forward
- 6-7 Step left forward, weight on left, unwind ³⁄₄ turn right lifting and sweeping right leg around
- 8&1 Cross right behind left, step left to left side, cross right over left

STEP LEFT SIDE, RIGHT NEXT LEFT, LEFT SHUFFLE LEFT SIDE, HOLD, STEP LEFT SIDE, ¼ TURN LEFT, HIPS RIGHT-LEFT

- 2-3 Step left to left side, step right next to left
- 4&5 Step left to left side, step right next to left, step left to left side
- 6 Hold
- &7 Step right next to left, make ¹/₄ turn to the left and step left forward
- 8-1 Step right to right side and push hips to the right, push hips to the left

1/2 TURN LEFT, PRESS RIGHT, SLIDE RIGHT, RIGHT COASTER STEP, LEFT SHUFFLE FORWARD

- 2& Step right back, make ¼ turn left and step left to left side
- 3 Make ¼ turn left and step right forward
- 4-5 Slide and bring back right next to left on two counts
- 6&7 Step right back, step left next to right, step right forward
- 8&1 Step left forward, step right next to left, step left forward

RIGHT MAMBO FORWARD, LEFT MAMBO BACKWARD, STEP RIGHT SIDE, HIPS RIGHT-LEFT (WITH HANDS), RIGHT SHUFFLE RIGHT SIDE

- 2&3 Rock right forward, recover on left, step right next to left
- 4&5 Rock left back, recover on right, step left next to right
- 6-7 Step right to right side and push hips to the right, push hips to the left
- During the hips movement, arms are above your head the back of the left hand is in right hand palm 8& Step right to right side, step left next to right

REPEAT