Dr Jones



编舞者: Anne Braddon

音乐: Doctor Jones - Aqua



Sequence: Part A is danced to the Chorus: Part B to the verse. (I)(I)ABBBABBABBAB(E)

INTRODUCTION (OPTIONAL)

1-2	Right arm out in front palm downwards
3-4	Left arm out in front palm downwards
5-6	Rotate right hand and arm to palm upwards
7-8	Rotate left hand and arm to palm upwards
9-10	Right hand and arm down to line dance position
11-12	Left hand and arm down to line dance position
13-16	Shimmy/twist on the spot twice

PART A

First time dance only steps 1-16

1-2	Shuffle forward right
3-4	Shuffle forward left
5-6	Shuffle forward right
7-8	Shuffle forward left
9	Jump feet astride

Jump feet crossed (right over left)Jump half turn to left feet astride

Jump feet togetherJump feet astride

Jump feet crossed (right over left)Jump half turn to left feet astride

Jump feet together

17-18	Shuffle back right
19-20	Shuffle back left
21-22	Shuffle back right
23-24	Shuffle back left
25	Jump feet astride

Jump feet crossed (right over left)Jump half turn to left feet astride

Jump feet togetherJump feet astride

Jump feet crossed (right over left)Jump half turn to left feet astride

32 Jump feet together

PART B

1-2-3	Heels forward and back right, left, right
4	Keep right forward clap
5-8	Grapevine right clap
9-12	Grapevine left clap
13-14	Shuffle forward right
15-16	Rock forward on left and back on right

17-18	Shuffle back left
19-20	Rock back on right and forward on left
21-22	Shuffle forward right
23-24	Left foot pivot half turn to right
25-26	Left foot pivot half turn to right
27	Jump feet astride
28	Jump feet crossed (right over left)
29	Jump feet astride
30	Jump right slightly forward
31-32	Grind on the spot

END (FADE OUT)
Raise up both arms to above head and drop to sides once