

拍数: 32 墙数: 4 级数: Beginner

编舞者: Unknown

音乐: Dr. C.C. - Clarence Carter



HEEL, HOME / TOE HOME

Weight on right foot, touch left heel forward 1

2 Bring left foot home, weight on it

3 Weight remaining on left foot, touch right toe behind left foot

4 Bring right foot home, weight on it

HEEL, HOME / TOE HOME

5 Weight remaining on right foot, touch left heel forward

6 Bring left foot home, weight on it

7 Weight ending on left foot, touch right toe behind left foot

8 Bring right foot home, weight on it

HEEL, HEEL / TOE, TOE

Weight remaining on right foot, tap left heel forward 10 Weight remaining on right foot, tap left heel forward again 11 Weight remaining on right foot, tap or touch left toe behind 12 Weight remaining on right foot, tap or touch left toe behind again

FRONT / SIDE

13 Weight remaining on right foot, point / touch left toe forward 14 Weight remaining on right foot, point / touch left toe out to left side

TRIPLE BACK / TRIPLE BACK / TRIPLE BACK/ TRIPLE BACK

15 Step left foot back to begin left-right-left triple step back, weight on it & Step right foot quickly back, weight on it 16 Step left foot back, weight on it 17 Continue to right-left-right triple step back, by stepping right foot back, weight on it & Step left foot quickly back, weight on it 18 Step right foot back, weight on it 19 Continue to left-right-left triple step back, by stepping left foot back, weight on it & Step right foot quickly back, weight on it 20 Step left foot back, weight on it

21 Finish 4th triple (right-left-right) step back, by stepping right foot back, weight on it

& Step left foot quickly back, weight on it

Step right foot back, weight on it 22

STEP / SLIDE / STEP / TURN

23 Step left foot forward, weight on it

24 Slide right foot up behind left in a lock step, weight on right foot

25 Step left foot forward, weight on it

26 Pivot on ball of left foot, turning ¼ left, weight ending on left

VINE, 2, 3, 4

27 Immediately cross right foot over left foot, weight on right foot

28 Step left foot to left side, weight on it

29 Step right foot behind left foot, weight on right foot

STOMP / STOMP /STOMP

Stomp right foot in place, weight on it
Stomp left foot in place, weight on it
Stomp right foot in place, weight on it

REPEAT