

# Downbound Train

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: DJ Dan (NL) & Wynette Miller (NL)  
音乐: Downbound Train - Raul Malo



Start on the word "JOB"

## WALK RIGHT / LEFT, SHUFFLE, ROCK STEP, COASTER STEP

1-2      Step right forward, step left forward  
3&4      Shuffle forward stepping right, left, right  
5-6      Rock left forward, recover weight onto right  
7&8      Step left back, step right next to left, step left forward

## STEP, ½ PIVOT, SHUFFLE, ROCK STEP, COASTER CROSS

1-2      Step right forward, pivot ½ turn left (6:00)  
3&4      Shuffle forward stepping right, left, right  
5-6      Rock left forward, recover weight onto right  
7&8      Step left back, step right next to left, cross left over right

## SIDE ROCK & STEP, SIDE ROCK & STEP, ROCK STEP, SHUFFLE ½ TURN RIGHT

1&2      Rock right to right side, recover weight onto left, step right forward  
3&4      Rock left to left side, recover weight onto right, step left forward  
5-6      Rock right forward, recover weight onto left  
7&8      Shuffle ½ turn right stepping right, left, right (12:00)

## SIDE ROCK & STEP, SIDE ROCK & STEP, ROCK STEP, SHUFFLE ½ TURN LEFT

1&2      Rock left to left side, recover weight onto right, step left forward  
3&4      Rock right to right side, recover weight onto left, step right forward  
5-6      Rock left forward, recover weight onto right  
7&8      Shuffle ½ turn left stepping left, right, left (6:00)

## ¼ TURN SIDE ROCK, BEHIND-SIDE-CROSS, SIDE ROCK, BEHIND-SIDE-CROSS

1-2      Make ¼ turn left rock right to right side, recover weight onto left (3:00)  
3&4      Cross right behind left, step left to left side, cross right over left  
5-6      Rock left to left side, recover weight onto right  
7&8      Cross left behind right, step right to right side, cross left over right

## SIDE, BEHIND, HEEL JACK & CROSS, RIGHT & LEFT

1-2      Step right to right, cross left behind right  
&3      Step right diagonally back, touch left heel diagonally forward  
&4      Step left next to right, cross right over left  
5-6      Step left to left, cross right behind left  
&7      Step left diagonally back, touch right heel diagonally forward  
&8      Step right next to left, cross left over right

## SIDE, TOGETHER, CROSS SHUFFLE, RIGHT & LEFT

1-2      Step right to right side, step left next to right  
3&4      Cross right over left, step left to left side, cross right over left  
5-6      Step left to left side, step right next to left  
7&8      Cross left over right, step right to right side, cross left over right

## HEEL BALL CROSS, SIDE ROCK, JAZZ BOX

1&2 Touch right heel diagonally forward, step right next to left, cross left over right  
3-4 Rock right to right side, recover weight onto left  
5-8 Cross right over left, step left back, step right to right side, step left forward

**REPEAT**

**TAG**

**After the first and second wall**

**WALK RIGHT / LEFT, SHUFFLE, ROCK STEP, COASTER STEP, STEP, ½ PIVOT, WALK RIGHT / LEFT**

1-2 Step right forward, step left forward  
3&4 Shuffle forward stepping right, left, right  
5-6 Rock left forward, recover weight onto right  
7&8 Step left back, step right next to left, step left forward  
9-10 Step right forward, pivot ½ turn left  
11-12 Step right forward, step left forward (9:00)

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