

Down South

拍数: 32 墙数: 4 级数: Improver social cha
编舞者: Bill Ray (USA)
音乐: Down South - Tom Petty



FORWARD ROCK, RECOVER, COASTER CROSS, SIDE ROCK, RECOVER, CROSSING TRIPLE

1-2 Rock forward on left, recover weight on right
3&4 Step back on left, step right beside left, cross left over right
5-6 Rock to right on right, recover weight on left
7&8 Cross right over left, step left to left, cross right over left

FORWARD ROCK, RECOVER, TRIPLE ½ TURN LEFT, CROSS RIGHT OVER LEFT, ½ TURN LEFT, LEFT TRIPLE FORWARD

1-2 Rock forward on left, replace weight on right
3&4 Turn ½ turn left on right, step forward on left, step right beside left, step forward on left
5-6 Cross right foot in front of left foot, turn ½ turn left on right holding weight on right
7&8 Step forward on left, step right foot beside left foot, step forward on left

STEP RIGHT ON RIGHT, TOGETHER LEFT, MAMBO BACK, WALKS FORWARD LEFT, RIGHT, MAMBO FORWARD

1-2 Step right on right, step left beside right
3&4 Rock back on right, recover on left, step slightly forward on right
5-6 Walk forward left, right
7&8 Rock forward on left, recover on right, touch left beside right

PIVOT ½ TURN RIGHT, SIDE-ROCK-RECOVER-STEP, PIVOT ¼ TURN LEFT, FORWARD TRIPLE

1-2 Step forward on left, pivot ½ turn right shifting weight to right
3&4 Rock to left on left, recover to center on right, step left beside right
5-6 Step forward on right, pivot ¼ turn to left shifting weight to left
7&8 Step forward on right, step left beside right, step forward on right

REPEAT

TAG

There is a 4-count tag after every repetition of the dance:

1-4 Rock to left on left, recover right on right, rock to left on left, recover right on right (sway hips)

RESTARTS

On the 3rd repetition (facing 6:00), 6th repetition (facing 12:00), and 10th repetition (facing 9:00) of the dance, execute the dance through the 24th count (the forward mambo), then dance the tag, then restart the dance