

Down Home Shuffle

拍数: 48 墙数: 4 级数: Intermediate
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音乐: What the Cowgirls Do - Vince Gill



RIGHT SHUFFLE & TURN

- 1 Step right foot to right & step left foot next to right
- 2 Step right foot to right, beginning turn to right
- 3 Step left, making a ½ turn to right
- 4 Stomp right next to left, keeping weight on left foot

HEEL TOUCHES

- 5 Touch right heel forward
- 6 Step right foot next to left
- 7 Touch left heel forward
- 8 Step left foot next to right

RIGHT SHUFFLE & TURN

- 9-16 Repeat steps 1-8

KICKS & SHUFFLE BACK

- 17-18 Kick right foot forward twice
- 19&20 Shuffle-step back, stepping right, left, right
- 21-22 Kick left foot forward twice
- 23&24 Shuffle-step back, stepping left, right, left

FORWARD WALK

- 25-27 Walk forward right, left, right
- 28 Make ¼ turn to right while hitching (raising) left knee

WALK BACK

- 29-31 Walk back left, right, left
- 32 Touch right toe back

CHARLESTONS

- 33 Step right foot forward
- 34 Kick left foot forward
- 35 Step left foot back
- 36 Touch right toe back
- 37-40 Repeat steps 33-36

C-STRUT (MAKING A FIGURE-8 PATTERN)

- 41 Step right foot to right
- 42 Cross-step left behind right
- 43 Step right foot forward 44. Step left foot to left
- 45 Cross-step right foot behind left
- 46 Step left foot to left
- 47 Step right foot forward
- 48 Cross-step left behind right

Steps 41-48 can be replaced by two jazz boxes

REPEAT

