

Down Deep

拍数: 32 墙数: 4 级数: Improver
编舞者: John Robinson (USA)
音乐: Deep Down - Nancy Hays



WALK, WALK, TAP FORWARD, TAP BACK, STEP FORWARD, TAP TOGETHER, COASTER STEP

1-2 Step right forward, step left forward
3-4 Right toe touch forward, right toe touch back
5-6 Step right forward, left toe tap next to right
7&8 Left ball of foot step back, right ball of foot step next to left, step left forward

STEP FORWARD, PIVOT ¼ LEFT, STEP FORWARD, PIVOT ¼ LEFT, ROCK, RECOVER, COASTER STEP

1-2 Step right forward, pivot ¼ left (9:00), weight on left
3-4 Step right forward, pivot ¼ left (6:00), weight on left
5-6 Right ball of foot rock forward, recover to left
7&8 Right ball of foot step back, left ball of foot step next to right, step right forward

POINT LEFT, CLAP, & POINT RIGHT, DOUBLE CLAP, CROSS STEP, KICK, COASTER STEP

1-2 Left toe point side left, hold/clap
&3&4 Left step next to right, right toe point side right, hold/clap twice
5-6 Right step across left, left low kick diagonally forward toward 4:30
7&8 Left ball of foot step back, right ball of foot step next to left, step left forward

STEP FORWARD, PIVOT ¼ LEFT, SHUFFLE FORWARD, STEP FORWARD, PIVOT ½ RIGHT, SHUFFLE FORWARD

1-2 Step right forward, pivot ¼ left (3:00), weight on left
3-4 Step right forward, left step forward instep to right heel, step right forward
5-6 Step left forward, pivot ½ right (9:00), weight on right
7&8 Step left forward, right step forward instep to left heel, step left forward

REPEAT
