

Double Shuffle

拍数: 32 墙数: 4 级数: Improver
编舞者: Vikki Morris (UK) & Karl Cregeen (UK)
音乐: If I Could - Sunny Sweeney



RIGHT ROCK RECOVER ½ TURN SHUFFLE / LEFT ROCK RECOVER ¼ TURN SHUFFLE

1-2 Rock forward on your right, replace weight on your left
3&4 Turn ¼ right stepping right to right side, step left next to right, turn ¼ turn right stepping forward with right
5-6 Rock forward on your left, replace weight on your right
7&8 Turn ¼ turn left stepping left to left side, step right next to left, step left to left side

RIGHT ROCK RECOVER ½ TURN SHUFFLE / LEFT ROCK RECOVER ¼ TURN SHUFFLE

1-2 Rock forward on your right, replace weight on your left
3&4 Turn ¼ right stepping right to right side, step left next to right, turn ¼ turn right stepping forward with right
5-6 Rock forward on your left, replace weight on your right
7&8 Turn ¼ turn left stepping left to left side, step right next to left, step left to left side

RIGHT CROSS ROCK, SYNCOPATED WEAVE/ LEFT SAILOR STEP, RIGHT CROSS ROCK

1-2 Cross rock right over left, replace weight on left
&3-4 Step right to right side, cross left over right, step right to the right side
5&6 Step left behind right, step right slightly to the right side, step left in place
7-8 Cross rock right over left, replace weight on the left

RIGHT ¼ TURN SHUFFLE, ½ PIVOT RIGHT, KICK-KICK COASTER STEP

1&2 Step right to right side, step left next to right, turn ¼ turn right as you step forward with right
3-4 Step forward left, pivot ½ turn over right shoulder placing weight on right
5-6 Low kick left forward, low kick left to left side
7&8 Step slightly back with your left, step right next to left, step slightly forward with your left

REPEAT
