

Double Round

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Levi J. Hubbard (USA)
音乐: Save a Horse (Ride a Cowboy) - Big & Rich



Special thanks to Tonya Stark for driving this song into my head and for your continued friendship.

WALK FORWARD, MAMBO FORWARD, WALK BACKWARD, MAMBO BACKWARD

- 1 Step right foot forward
- 2 Step left foot forward
- 3 Step (rock) right foot slightly forward, slightly lifting left foot off floor
- & Shift weight back to left foot
- 4 Step right foot together
- 5 Step left foot backward
- 6 Step right foot backward
- 7 Step (rock) left foot slightly backward, slightly lifting right foot off floor
- & Shift weight back to right foot
- 8 Step left foot together

SYNCOPATED CROSSOVERS (MOVING FORWARD), SIDE TOE TOUCH, ¼ TURN (RIGHT), ½ PIVOT (RIGHT)

- 9 Step (rock) right foot slightly out to side, while slightly lifting left foot off floor
- & Shift weight back to left foot
- 10 Cross step right foot over left
- 11 Step (rock) left foot slightly out to side, while slightly lifting right foot off floor & shift weight back to right foot
- 12 Cross step left foot over right
- 13 Touch right toe out to side
- 14 Turning ¼ turn right step right foot together
- 15 Step left foot forward
- 16 Pivot ½ turn right on (balls of) both feet

HIP WALKS FORWARD, SIDE ROCK & CROSS, ¼ TURN (RIGHT), ½ TURN (RIGHT)

- 17 Step left foot diagonally forward while pushing hip forward
- 18 Push left hip forward again
- 19 Step right foot diagonally forward while pushing hip forward
- 20 Push right hip forward again
- 21 Step (rock) left foot slightly out to side, while slightly lifting right foot off floor
- & Shift weight back to right foot
- 22 Cross step left foot over right
- 23 Turning ¼ turn left, step backward
- 24 Turning ½ turn left, step forward

½ PIVOT (LEFT), SHUFFLE FORWARD, FORWARD ROCK-RECOVER, ¾ SHUFFLE TURN (LEFT)

- 25 Step right foot forward
- 26 Pivot ½ turn left on (balls of) both feet
- 27&28 Shuffle forward stepping (right-left-right)
- 29 Step (rock) left foot forward, while slightly lifting right foot off floor
- 30 Lower left right foot back to floor (recover)
- 31&32 Shuffle ¾ turn left and step (left-right-left)

REPEAT

Styling: push both hands forward on counts 3 and 7, bring hands back on counts 4 and 8. Use your imagination like on counts 15 and 16 when lean slightly forward and roll your upper body around with the turn.
