

The Doonhamers Boogie

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Improver
编舞者: Shuggie McCardle (UK) & Doreen McCardle (UK)
音乐: In This Little Town - Restless Heart



RIGHT SHUFFLE FORWARD, ROCK STEPS, LEFT SHUFFLE BACK, ROCK STEPS

1&2 Right shuffle forward on a right, left right
3-4 Rock forward on left rock back on right foot
5&6 Left shuffle back on a left right left
7-8 Rock back on right rock forward on left

ROCK RIGHT & LEFT, CROSS SHUFFLE. LEFT & RIGHT ROCK CROSS SHUFFLE LEFT

1-2 Rock right to right side, rock back onto left side.
3&4 Cross right over left shuffle on a right, left, right
5-6 Rock left to left side, rock back on right side
7&8 Cross left shuffle over right on a left, right, left

SWITCH STEP LEFT, RIGHT, FORWARD & BACK KICK BALL CHANGE TWICE

1& Touch right foot to right side, right in place
2& Touch left foot to left side, left in place
3& Touch right foot forward, right in place
4& Touch left foot back, touch left in place
5&6 Kick left foot forward, left foot in place, right in place
7&8 Kick left foot forward, left foot in place, right in place

CROSS LEFT ¼ TURN, SIDE SHUFFLE LEFT & RIGHT

1-2 Cross left right over. Unwind over right shoulder ¼ turn
3&4 Side shuffle left on a left, right, left.
5-6 Rock back on right, forward on left
7&8 Side shuffle to the right on a right, left, right

ROCK STEP & SIDE SHUFFLE LEFT & LEFT KICK-BALL-CHANGE

1-2 Rock back on left, rock forward on right
3&4 Side shuffle left on a left, right, left
5-6 Rock back on right, rock forward on left
7&8 Kick right forward & right in place & left in place

REPEAT
