

Ela Ela

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Johnny Two-Step (UK) & Aaron 'Outrageous' Rogers (UK)
音乐: Ela Ela - Constantinos Christoforou



CROSS ROCK TWICE, ¼ TURN, ½ TURN, ½ TURN, STEP ¼ PIVOT

1&2 Cross-left over right, recover on right, rock left to left side
&3&4 Recover on right, cross left over right, recover on right, make a ¼ turn left stepping on left
5-6 Make a ¼ turn left stepping right to right side, make a full turn left on right foot step left forward
7-8 Rock right to right side, recover on to left

CROSS SHUFFLE, ¼ STEP BACK, ½ STEP FORWARD, ROCK RECOVER, LEFT LOCK BACK

1&2 Cross right over left, step left to left side, cross right over left
3-4 Make a ¼ turn right stepping back on left foot, make a ½ turn right stepping on right foot
5-6 Rock forward on left, recover on right
7&8 Step back on left, lock right foot to left foot, step back on left

ROCK BACK RECOVER, ROCK SIDE CROSS, ½ TURN, ROCK RECOVER, ½ TURN LEFT

1-2 Rock back on right foot, recover on left foot
3&4 Rock right to right side, replace on left, cross right over left
5&6 Make a ½ turn right pivot on left foot, step right to right side, rock left over right
7&8 Recover on right, make a ½ turn left on to left foot, step right to right side

ROCK RECOVER SIDE TWICE, ¼ SAILOR STEP TURNING RIGHT TWICE

1&2 Rock back on left, recover on right, step left to left side
3&4 Rock back on right, recover on left, step right to right side
5&6 Step left behind right foot, make a ¼ turn right stepping on right foot, step left to left side
7&8 Step right behind left foot, make a ¼ turn right stepping on left foot, step right to right side

REPEAT

TAG

At the end of wall 6

1&2 Rock left over right, recover on right, step left to left side
3&4 Rock right over left, recover on left, step right to right side