

# 8 Days A Week

COPPER KNOB  
BY STEPHEN

拍数: 0                      墙数: 4                      级数: Intermediate  
编舞者: Tina Argyle (UK)  
音乐: Eight Days a Week - The Beatles



Sequence: AB AB AAB AAB A

## PART A

### RIGHT DIAGONAL LOCK STEP TOUCH CLAP, LEFT DIAGONAL LOCK STEP TOUCH CLAP

- 1-4                      Step forward right facing right diagonal, lock left behind right. Step forward right to right diagonal, touch left at side of right with clap  
5-8                      Repeat steps 1-4 leading with left to left diagonal

### RIGHT CHASSE CROSS ROCK LEFT, LEFT ¼ TURN LEFT SHUFFLE, ROCK FORWARD RIGHT

- 9&10                      Step right to right side, step left at side of right, step right to right side  
11-12                      Rock left over right, recover weight onto right  
13&14                      ¼ turn left stepping onto left, close right beside left, step forward left  
15-16                      Rock forward onto right, recover weight onto left

### RIGHT COASTER STEP, LEFT ROCK FORWARD, LEFT COASTER STEP, ½ PIVOT TURN

- 17&18                      Step back right, step back left, step forward right  
19-20                      Rock forward onto left, recover weight onto right  
21&22                      Step back left, step back right, step forward left  
23-24                      Step forward right, ½ turn left finishing weight on left

Coaster steps counts 17&18 and 21&22 can be replaced with full triple turns

### TOUCH CROSS TWICE, TOE STRUTS BACK RIGHT, LEFT

- 25-26                      Touch right toe to right side, cross right over left  
27-28                      Touch left toe to left side, cross over right  
29-30                      Touch right toe back, drop right heel to floor  
31-32                      Touch left toe back, drop left heel to floor

## PART B

### MONTEREY TURN RIGHT WITH TOUCH HOLD & CLAPS. REVERSE MONTEREY TURN LEFT WITH TOUCH HOLD & CLAPS

- 1-4                      Touch right toe to right side, ½ turn right stepping onto right, touch left toe to left side, hold clap &4  
5-8                      Tap left toe where it is at left side, ½ turn left stepping onto left, touch right toe to right side, hold clap &8

### STEP ½ PIVOT LEFT STEP, HOLD CLAP, CLAP, STEP ½ PIVOT RIGHT, STEP HOLD CLAP, CLAP

- 9-12                      Step forward right, ½ pivot left. Step forward right. Hold clap twice  
13-16                      Step forward left, ½ pivot right. Step forward left. Hold clap twice

### RIGHT SHUFFLE FORWARD, ½ TURN RIGHT, LEFT SHUFFLE BACK, 3 WALKS BACK HITCH & CLICK

- 17&18                      Step forward right, close left beside right, step right forward  
&                              ½ turn right on ball of right foot  
19&20                      Step back left, close right beside left, step back left  
21-24                      Walk back right, left, right, hitch left knee clicking fingers at shoulder height

### STEP ½ TURN RIGHT HITCH, STEP KICK, LEFT SHUFFLE BACK, RIGHT ROCK BACK RECOVER

25-26 Step down left, ½ turn right on ball of left hitching right knee, clicking fingers at shoulder height

27-28 Step down right, kick left foot forward

29&30 Step back left, close right beside left, step back left

31-32 Rock back onto right, recover weight onto left

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