

Eat My Dust

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Jenny Leigh (AUS)
音乐: When I Get My Wheels - Adam Brand



- &1&2 Jump both feet apart stepping right-left, jump both feet together stepping right-left
3&4 Kick right foot forward, step weight onto right foot, step weight onto left (right kick ball change)
5-8 Step forward onto right toe, slap right heel down, step forward onto left toe, slap left heel down
- &1-8 Repeat the above counts
- 1-4 Step back on right foot, lock left foot in front of right foot, step back on right foot, kick left foot forward
5-8 Step back on left foot, lock right foot in front of left foot, step back on left foot, kick right foot forward
- 1-4 Rock back onto right foot, rock forward onto left foot, rock forward onto right foot, rock back onto left foot
5-8 Touch right toe back, hold, pivoting on balls of both feet $\frac{1}{4}$ turn to right, hold
- 1-4 Rock onto left foot, rock replace weight onto right foot, cross left foot over right foot, hold
5-8 Rock onto right foot, rock replace weight onto left foot, cross right foot over left foot, hold
- 1-4 Step left foot into a $\frac{1}{4}$ turn left, hold, step right foot into a $\frac{1}{2}$ turn left, hold
5-8 Step back on left foot, step back on right foot, step forward on left & scoot forward on left foot
- 1-4 Touch right heel forward, tap right toe over left foot, touch right heel forward & hop forward on right foot
5-8 Touch left heel forward, tap left toe over right foot, touch left heel forward & hop forward on left foot
- 1-4 Touch right heel forward, touch right toe back, pivoting on ball of right foot $\frac{3}{4}$ turn right, step left beside right
- 1-4 Fan both heels apart, fan both toes apart, fan both toes together, fan both heels together
5-8 Fan both heels apart, fan both toes apart, fan both toes together, fan both heels together

REPEAT

TAG

After finishing the dance for the second time to the 3:00 wall. Complete the last 8 counts & add the following 8 counts & then start the dance again

- 1-4 Touch right heel forward, cross right foot over left knee, touch right heel forward, step right beside left
5-8 Touch left heel forward, cross left foot over right knee, touch left heel forward, step left beside right