

Eat At Joe's

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Sho Botham (UK)
音乐: Eat at Joe's - Suzy Bogguss



SIDE TOUCHES AND CHA-CHA BASIC

- &1 Switch onto right touching left to left (long leg line)
- 2 Touch left next to right
- 3-4 Repeat counts 1,2 (without the `&' count and switch)
- 5-6 Step forward left, step in place right
- 7&8 Shuffle on the spot left-right-left

CHA-CHA IN THE JAZZ STYLE

Styling note : Body faces right diagonal front throughout this section. left shoulder leads on counts 9 and 17 and right shoulder leads on count 13. The diagonally backward Jazz lean comes from the strength in the legs which allows you to keep the back straight ie not arched, and fully supported. Arms at side with relaxed hands or if you are wearing a hat try touching left hand to hat brim on counts 9 and 17 and grasp top of hat with right hand on count 13. This section looks great with a hat.

- 9 Step right across left in small jazz lunge to left diagonal front, head is over left shoulder and looking up (in line with body but not tilted back), body leaning diagonally back to right shoulder.
- 10 Step in place left, keeping body and head line as count 9
- 11&12 Shuffle right-left-right traveling slightly to right, head level and natural
- 13 Step left across right in small jazz lunge to right diagonal back (body still facing right diagonal front), head over right shoulder and looking at floor
- 14 Step in place right, keeping body and head line as count 13
- 15&16 Shuffle left-right-left traveling slightly to left, head level and natural

CROSS STEP, STEP AND SLIDE, JAZZ BALL CHANGE AND THREE STEP TURN

- 17-18 Repeat counts 9 and 10
- 19-20 Long step right to right, slide left to touch next to right to face front
- &21 Ball change left-right, feet apart and knees relaxed
- 22-24 Three steps (starting with left crossing behind right) making half a turn to left
- 25 Low kick right to right
- 26-30 Stroll to left, alternately crossing right in front and behind (step right across left, step left to left, step right behind left, step left to left etc finish weight on right)
- 31 Full turn on right to right (left knee low hitch)-options-if problems turning on one leg-spin on both feet or miss out turn and hold position
- 32 Step left in place or slightly forward

REPEAT
