

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Chris Hodgson (UK)  
音乐: Restless - Lacy J. Dalton



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## TOE TAPS-STEP, SIDE-ROCK-CROSS, SIDE-TAP BEHIND

1-2      Tap right toe to right side, tap right toe next to left  
3-4      Tap right toe to right side, step right behind left  
5&6      Step left to left side, rock weight onto right, step left across right  
7-8      Step right to right side, tap left toe behind right heel

## CHASSE ¼ TURN, STEP-½ TURN, SHUFFLE FORWARD, FULL TURN FORWARD

1&2      Step left to left side, step right next to left, step left ¼ turn left  
3-4      Step forward on right, pivot ½ turn left  
5&6      Shuffle forward on right-left-right  
7-8      ½ turn right stepping back on left, ½ turn right stepping forward on right

## KICK-BALL-CHANGE, SIDE ROCK, CROSS SHUFFLE, ½ HINGE TURN

1&2      Kick left forward, step in place on left, step in place on right  
3-4      Step left to left side, rock weight onto right  
5&6      Cross step left over right, step right to right side, cross step left over right  
7-8      Step right to right side, ½ hinge turn left stepping left to left side

## CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE, KICK BALL CHANGE

1&2      Cross step right over left, step left to left side, cross step right over left  
3-4      Step left to left side, rock weight onto right  
5&6      Cross step left over right, step right to right side, cross step left over right  
7&8      Kick right forward, step in place on right, step in place on left

## ¼ TURN-STEP-½ TURN-STEP, SHUFFLE, FULL TURN FORWARD

1-2      Step forward on right making ¼ turn right, step forward on left  
3-4      Pivot ½ turn right, step forward on left  
5&6      Shuffle forward on right-left-right  
7-8      ½ turn right stepping back on left, ½ turn right stepping forward on right

## TOUCH SIDE-CROSS STEP TWICE, CHASSE ¼ TURN, STEP-½ TURN

1-2      Touch left toes to left side, step left across right  
3-4      Touch right toes to right side, step right across left  
5&6      Step left to left side, step right next to left, step left ¼ turn left  
7-8      Step forward on right, pivot ½ turn left

**REPEAT**

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