

Easy From Now On

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Derek Robinson (UK)
音乐: Easy From Now On - Carlene Carter



BOX STEPS WITH HOLDS

1-2 Step right foot to right side, step left beside right
3-4 Step back right, hold
5-6 Step left foot to side, step right beside left
7-8 Step left foot forward, hold

SIDE BEHIND, CHASSE ¼ TURN RIGHT, PIVOT ¼ RIGHT, BEHIND LEFT, SIDE RIGHT

9-10 Step right foot to right side, step left behind right
11&12 Step right foot to right side, step left beside right, step right ¼ turn right
13-14 Step forward left, pivot ¼ turn right (facing 6:00)
15-16 Step left foot behind right, step right to right side

FORWARD ROCK LEFT, SHUFFLE BACK ½ TURN LEFT TWICE, BACK ROCK LEFT

17-18 Rock forward on left, rock back on right
19&20 Shuffle back ½ turn left - stepping left, right, left
21&22 Continue shuffling back ½ turn left - stepping right, left, right
23-24 Rock back on left, rock forward on right

FORWARD ROCK LEFT, SIDE ROCK LEFT, STEP LEFT ACROSS, ¼ TURN LEFT, SHUFFLE BACK ½ TURN LEFT

25-26 Rock forward on left, rock back on right
27-28 Rock to left side on left, rock onto right in place
29-30 Step left across right, turn ¼ left stepping back right
31&32 Shuffle back ½ turn left - stepping left, right, left (facing 9:00)

REPEAT
