

# Ease Your Mind

**COPPER** **KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Joellen Weeks (USA)  
音乐: Why Would I Say Goodbye - Brooks & Dunn



## RIGHT HEEL HOOK, LEFT HEEL HOOK

- 1            Touch right heel forward
- 2            Hook right foot in front of left shin
- 3            Touch right heel forward
- 4            Step right next to left
  
- 5            Touch left heel forward
- 6            Hook left foot in front of right shin
- 7            Touch left heel forward
- 8            Step left next to right

## RIGHT VINE, LEFT VINE

- 9            Step right to right
- 10           Step left behind right
- 11           Step right to right
- 12           Brush left beside right
  
- 13           Step left to left
- 14           Step right behind left
- 15           Step left to left
- 16           Brush right beside left

## RIGHT STEP DRAG, LEFT STEP DRAG

- 17           Step right forward at slight angle to right
- 18           Drag left next to right
- 19           Step right forward at slight angle to right
- 20           Brush left next to right
  
- 21           Step left forward at slight angle to left
- 22           Drag right next to left
- 23           Step left forward at slight angle to left
- 24           Brush right next to left

## STEP ¼, STEP ¼

- 25           Step right forward
- 26           Pivot ¼ turn to left on both feet
- 27           Step right forward
- 28           Pivot ¼ turn to left on both feet

## MODIFIED JAZZ BOX

- 29           Cross right in front of left
- 30           Step left back
- 31           Step right back next to left
- 32           Jump forward with both feet

**REPEAT**

