

E-Mail Female

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Eddie McIntosh (SCO)
音乐: Email Female - Garret Swayne



FAN RIGHT, FAN RIGHT, FAN LEFT, FAN LEFT

1-2-3-4 Fan right toe right, return to center, fan right toe right, return to center
5-6-7-8 Fan left toe left, return to center, fan left toe left, return to center

STEP LOCK STEP SCUFF, STEP LOCK STEP TOUCH

9-10-11-12 Step forward right, lock left behind right, step forward right, scuff left forward
13-14-15-16 Step forward left, lock right behind left, step forward left, touch right beside left

MONTEREY ½ TURNS TWICE

17-18-19-20 Touch right to side, pivot ½ turn right on left foot, step right beside left, touch left to side, step left beside right
21-22-23-24 Touch right to side, pivot ½ turn right on left foot, step right beside left, touch left to side, step left beside right

RIGHT VINE & SCUFF, VINE LEFT ¼ TURN LEFT

25-26-27-28 Step right to right, step left behind right, step right to right, scuff left foot forward
29-30-31-32 Step left to left, step right behind left, step left to left turning ¼ turn left, touch right beside left

WALK RIGHT, LEFT, RIGHT, KICK, WALK BACK LEFT, RIGHT, LEFT COASTER STEP

33-34-35-36 Walk forward right left right kick left forward
37-38-39&40 Walk back left right, step back left, step right beside left, step left forward

WALK RIGHT, LEFT, RIGHT, KICK, WALK BACK LEFT, RIGHT, LEFT COASTER STEP

41-42-43-44 Walk forward right left right kick left forward
45-46-47&48 Walk back left right, step back left, step right beside left, step left forward

PIVOT ½ TURN LEFT, PIVOT ½ TURN LEFT, STEP RIGHT TOUCH, TOUCH, TOUCH

49-50-51-52 Step forward on right, pivot ½ turn left on ball of left, step forward on right, pivot ½ turn left on ball of left
53-54-55-56 Step right to side, touch left beside right, touch left to left, touch left beside right

STEP LEFT TOUCH, TOUCH, TOUCH, HEEL FORWARD BACK FORWARD BACK

57-58-59-60 Step left to side, touch right beside left, touch right to right, touch right beside left
61-62-63-64 Touch right heel forward, step right beside left, touch left heel forward, step left beside right

REPEAT

TAG 1

At end of 3rd wall (should be facing 3:00) repeat steps 53-64

TAG 2

At end of 5th wall (should be facing 9:00) repeat steps 61-64. Start again.

Tags only used if track E-Mail Female is used. Any other music, just dance it steps 1-64 with no tags.