

Dusty Armidillo Shuffle

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数:
编舞者: Marsha Bailey (USA) & Norma Adams (USA)
音乐: Bar Room Athlete - Billy Hoffman



HEEL SWITCHES

- 1& Touch right heel forward, close next to left
- 2& Touch left heel forward, close next to right
- 3-4 Touch right heel forward and clap hands
- & Bring right next to left
- 5& Touch left heel forward, close next to right
- 6& Touch right heel forward, close next to left
- 7-8 Touch left heel forward and clap hands

HIP BUMPS

- 1-2 Bump hips to the left 2 times
- 3-4 Bump hips to the right 2 times

HIP ROLLS

- 1-4 Roll hips in a circle to the left

HEEL SWIVELS/ ¼ TURN LEFT

- 1-3 Weight on toes of feet, swivel heels to the right, left, right
- 4 Kick right foot forward as you do ¼ turn left

WALK BACK/ HITCH

- 1-2 Walk back right, left
- 3-4 Walk back right, hitch left knee

STEP/DRAG/STEP/ TOUCH

- 1-2 Step left foot forward, slide right up to left
- 3-4 Step left foot forward, touch right next to left

SIDE SHUFFLE RIGHT/ ROCK

- 1&2 Step right to right, step left next to right, step right to right
- 3-4 Rock back on left, forward on right

SIDE SHUFFLE LEFT, ROCK

- 1&2 Step left to left, step right next to left, step left to left
- 3-4 Rock back on right, forward on left

KICK/ CROSS/ UNWIND ½ LEFT

- 1-2 Kick right foot forward, cross right over left
- 3-4 Unwind ½ turn left and clap

REPEAT
