Dune-Buggie Boogie

级数: Intermediate/Advanced

编舞者: Judy Gray

拍数: 48

音乐: Restless Kind - Travis Tritt

SHUFFLE, SHUFFLE, ½ PIVOT, SHUFFLE

- 1&2 Shuffle forward right-left-right
- 3&4 Shuffle forward left-right-left
- 5-6 Right toe forward for ½ turn pivot to the left, weight ending on left
- 7&8 Shuffle forward right-left-right

VINE, CROSS TOE, VINE WITH ¼ TURN, HEEL DIG

- 9-11 Step left out to the left, right behind left, step left to left
- 12 Cross right over left and touch right toe at a 45 angle
- 13-15 Step right out to the right, left foot behind right, step right to right
- 16 Do a ¼ turn right and dig* your left heel beside right instep

Heel dig is somewhere between a touch and a stomp

VINE WITH ¼ TURN, HEEL DIG, KICK-BALL-CHANGE, KICK-BALL-CHANGE

- 17-19 Step left out to the left, right behind left, step left to left
- 20 Do a ¼ turn right and dig your right heel beside left instep
- 21&22 Kick right straight ahead, change your weight from left to ball of right placed at left instep, step left next to right
- 23&24 Kick right straight ahead, change your weight from left to ball of right placed at left instep, step left next to right

SHUFFLE, ½ PIVOT, STEP, ¼ TURN, STEP, STOMP

- 25&26 Shuffle forward right-left-right
- 27-28 Left toe forward for ¹/₂ turn pivot to the right, weight ending on right
- 29-30 Step forward left, step forward on right pivoting on ball of foot 1/4 left
- 31-32 Step forward slightly with the left, stomp right beside left, weight ending on right

TOUCH, TURN, TOUCH, TURN, TOUCH, TURN, TOUCH, TURN

33 With right knee bent, touch your left toe out to the side.

Left leg should be straight do not use the left toe to push, only to touch down

34 Do a 45 turn on ball of right while pulling le knee into the right knee in a snap movement

Right knee should stay bent during this whole 8 count

35-40 Repeat 33-34 three more times

HEEL, HEEL, TOE, HOME, HEEL, TOUCH, ½ TURN, HOOK

- 41-42 Touch your left heel forward twice
- 43-44 Touch your left toe straight back, step left next to right
- 45-46 Touch your right heel straight to the front, touch your right toe straight to the back
- 47 Do ½ turn to the right rotating your right foot so that the right heel is touching the floor and right toe is pointing upward
- 48 Hook your right foot across left leg with right heel to the left knee

REPEAT





墙数:4