

Dumaflechee

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Monica Wells (USA)
音乐: You Turn Me On - Tim McGraw



STOMP, STOMP, & HEEL & TOE

1-2-3&4 Stomp up, stomp up, step right, step right left heel out (jacks) & touch right toe

STOMP, STOMP, & HEEL & TOE

5-6&7&8 Stomp up, stomp up, step right, step right left heel out (jacks) & touch right toe

HEEL STRUT, HEEL STRUT, ½ PIVOT TURN TO THE LEFT & SAILOR STEP

1-2-3-4-5-6-7&8 Right heel strut, left heel strut, step right foot forward & ½ pivot left, tuck right foot behind & sailor step

HEEL STRUT, HEEL STRUT, ½ PIVOT TURN TO THE LEFT & SAILOR STEP

1-2-3-4-5-6-7&8 Left heel strut, right heel strut, step left foot forward & ½ pivot right, tuck left foot behind & sailor step

SHUFFLE FORWARD & BIG HIP SWAYS, SHUFFLE BACK & BIG HIP SWAYS

1&2-3-4 Shuffle forward & sway hips left, right

5&6-7-8 Shuffle back & sway hips right, left

KICK-BALL-WALK, KICK-BALL WALK, CROSS ¼ TURN & LINDY LEFT

1&2-3-4 Kick-ball-walk (right), kick-ball-walk

5&6-7-8 Cross right over turning ¼ left and side shuffle left

REPEAT
