

Duchess Hustle

拍数: 36 墙数: 4 级数: Intermediate
编舞者: Unknown
音乐: Lovers Live Longer - The Bellamy Brothers



HEEL TOUCHES

- 1 Step forward on right heel (lifting left foot off the floor)
- 2 Stomp left foot behind (lifting right foot off the floor)
- 3 Step right foot behind (lifting left foot off the floor)
- 4 Stomp left foot forward (lifting right foot off the floor)

- 5 Step forward on right heel (lifting left foot off the floor)
- 6 Stomp left foot behind (lifting right foot off the floor)
- 7 Step right foot behind (lifting left foot off the floor)
- 8 Stomp left foot forward (lifting right foot off the floor)

- 9 Touch right heel forward
- 10 Slap right toe down

LEFT HEEL TOUCHES

- 11 Step left heel forward
- 12 Stomp right foot in place
- 13 Step left heel to left side
- 14 Stomp right foot in place
- 15 Step left foot behind
- 16 Stomp right foot in place

LEFT TOE SLAP

- 17 Step forward on left heel
- 18 Slap left toe down

RIGHT HEEL TOUCHES

- 19 Step right heel forward
- 20 Stomp left foot in place
- 21 Step right heel to the side
- 22 Stomp left foot in place
- 23 Step right foot behind
- 24 Stomp left foot in place

RIGHT TOE SLAP

- 25 Step forward on right heel
- 26 Slap right toe down

ROCK STEP

- 27 Rock back on left foot
- 28 Return weight to right foot

LEFT TOE SLAP

- 29 Step forward on left heel
- 30 Slap left toe down

ROCK STEP

- 31 Rock back onto right foot
- 32 Return weight to left foot

TURN AND A HALF

- 33 Spinning body to the right, step right foot at 6:00 o'clock and lift left foot off floor as you finish 1st ½ turn
- 34 Continuing to spin into your 2nd ½ turn, step down on left foot and lift right foot off floor as you finish 2nd ½ turn
- 35 Continuing the spin into your 3rd ½ turn, step down on right foot as you finish your 3rd ½ turn
- 36 Step left foot next to right

REPEAT
