

Drive My Car

拍数: 32 墙数: 2 级数: Improver contra dance
编舞者: Dan Testa (USA)
音乐: Drive My Car - The Beatles



Position: I recommend starting with just one line with dancers alternating between facing forward and facing back. If you have too many dancers for one line, you can do multiple lines. During the hip bumps each dancer will be looking at one of their neighbors

Start with weight on left foot

WALK, WALK, WALK, COASTER STEP, WALK, LEFT SHUFFLE

1-3 Walk forward right, left, right
4&5 Step forward left, step right next to left, step back left
6 Walk back right
7&8 Left shuffle backward

ROCK, STEP, WALK, COASTER STEP, WALK, COASTER STEP

9-10 Rock back right, recover in place left
11 Walk forward right
12&13 Step forward left, step right next to left, step back left
14 Walk back right
15&16 Step back left, step right next to left, step forward left

HEEL, RETURN, HEEL, RETURN, STEP, HALF, STEP, QUARTER

17-18 Touch right heel forward, step right next to left
19-20 Touch left heel forward, step left next to right
21-22 Step forward right, pivot turn $\frac{1}{2}$ left ending with weight on left
23-24 Step forward right, pivot turn $\frac{1}{4}$ left ending with weight on left

RIGHT AND RIGHT, LEFT AND LEFT, RIGHT, LEFT, RIGHT, LEFT

25&26 Bump hips to the right twice
27&28 Bump hips to the left twice
29-30 Bump hips right, left
31-32 Bump hips right, bump hips left while turning $\frac{1}{4}$ right

REPEAT

I recently worked an event with a dance teacher of mine. I had a great time, but the toughest part of my job was driving her vehicle home through some typical upstate New York winter weather. This dance was inspired by that drive

Count 32 of this dance is an unusual step. What I'm doing here is bumping my hips left with lots of attitude while putting my weight over the ball of my left foot and lifting my right foot off the floor slightly, allowing my body to turn to the right $\frac{1}{4}$ of a turn.

Note to DJ: The music is in 32 count phrases and the dance is phrased to the music. Count 1 of the dance is on the downbeat immediately before the vocals (which is where one would expect it to be). I recommend practicing counting this dance in. The introduction has no drums and a somewhat irregular rhythm.