

Expressions (P)

拍数: 80 墙数: 0 级数: Partner
编舞者: Isabel Wilkie (UK)
音乐: The Vertical Expression (Of Horizontal Desire) - The Bellamy Brothers



Position: Closed Western Position man facing LOD. Change of Step for man on Beats 26 & 74. Partners start on opposite feet

- 1-2 **MAN:** Rock forward on left, rock back on right
 LADY: Rock back on right, rock forward on left
- 3&4 **MAN:** Left shuffle back left, right, left
 LADY: Right shuffle forward, right, left, right
- 5-6 **MAN:** Rock back on right, rock forward on left
 LADY: Rock forward on left, rock back on right
- 7&8 **MAN:** Right shuffle forward, right, left, right
- Release man's right hand, lady's left**
 LADY: Left shuffle back left, right, left
- 9-10 **MAN:** Rock out on left, rock onto right with ¼ turn left
 LADY: Rock out on right, rock onto left with ¼ turn right
- 11&12 **MAN:** Left shuffle forward, left, right, left
- Release hands**
 LADY: Right shuffle forward, right, left, right
- 13-14 **MAN:** Step forward on right, pivot ½ turn left
 LADY: Step forward on left, pivot ½ turn right
- 15&16 **MAN:** Right shuffle forward, right, left, right
- Rejoin both hands**
 LADY: Left shuffle forward, left, right, left
- 17-18 **MAN:** ¼ Turn to face lady, rocking back on left, rock forward on right
 LADY: ¼ Turn left to face man, rocking back on right, rock forward on left
- 19&20 **MAN:** Left shuffle forward, left, right, left, into closed western
- Closed western position, man facing LOD**
 LADY: Right shuffle forward, right, left, right, into closed western
- Lady RLOD**
- 21-22 **MAN:** Rock back on right, rock forward on left
 LADY: Rock forward on left, rock back on right
- 23&24 **MAN:** Right shuffle forward, right, left, right
 LADY: Left shuffle back left, right, left
- Raise mans right hand, lady's left, lady turns left under raised hands, man as your lady turns, mans right hand holds lady's left at waist height - lead your lady to your right side & lower your raised hands to end in side by side by side wrap. Step change for man on 26**
- 25-26 **MAN:** Rock forward on left, touch right toe next to left
 LADY: Rock back on right, rock forward on left
- 27&28 **MAN:** Right shuffle back right, left, right
 LADY: Right shuffle turning ½ turn left right, left right
- 29-30 **BOTH:** Rock back on left, rock forward on right
- 31&32 Left shuffle forward, left, right, left
- 33-34 Rock forward on right, rock back on left
- 35&36 Right shuffle back
- Raise hands, release hands above head rejoin in sweetheart**
- 37-38 **MAN:** Rock back on left, rock forward on right
 LADY: Step left ½ turn right, step right ½ turn right

39&40 **MAN:** Left shuffle back left, right, left
 LADY: Left shuffle back left, right, left in Sweetheart Position
41-42 Walk forward right, left
43&44 Right shuffle forward, right, left, right
45-46 Cross left over right, step back on right
47&48 Side shuffle to left left, right, left

49-50 Cross right over left, step back on left
51&52 Side shuffle right turning $\frac{1}{4}$ turn right

Man behind lady in Indian Position

53-54 Walk forward left, right
55&56 Left shuffle forward

57-58 Rock forward on right, rock back on left
59&60 Right shuffle back
61-62 Rock back on left, rock forward on right
63&64 Left shuffle forward

65-66 Step forward right, step forward left turning $\frac{1}{4}$ left to face LOD
67&68 Right shuffle forward, right, left, right
69-70 Walk forward left, right
71&72 Left shuffle forward

Raise hands as you turn you release lady's hands and rejoin in closed western

Step change for man on count 74 to change back to opposite feet. As you turn lady $1 \frac{1}{2}$ turns left, lead lady into Closed Western Position

73-74 **MAN:** Walk forward right, touch left next to right
 LADY: Step right turning $\frac{1}{2}$ left, step left turning $\frac{1}{2}$ left
75&76 **MAN:** Left shuffle in place
 LADY: Right shuffle turning $\frac{1}{2}$ turn left
77-78 **MAN:** Walk forward right, left
 LADY: Walk forward left, right
79&80 **MAN:** Right shuffle forward, right, left, right
 LADY: Left shuffle back, left, right, left

REPEAT
