

# Expressions (P)

拍数: 80      墙数: 0      级数: Partner  
编舞者: Isabel Wilkie (UK)  
音乐: The Vertical Expression (Of Horizontal Desire) - The Bellamy Brothers



**Position: Closed Western Position man facing LOD. Change of Step for man on Beats 26 & 74. Partners start on opposite feet**

- 1-2      **MAN:** Rock forward on left, rock back on right  
          **LADY:** Rock back on right, rock forward on left
- 3&4      **MAN:** Left shuffle back left, right, left  
          **LADY:** Right shuffle forward, right, left, right
- 5-6      **MAN:** Rock back on right, rock forward on left  
          **LADY:** Rock forward on left, rock back on right
- 7&8      **MAN:** Right shuffle forward, right, left, right
- Release man's right hand, lady's left**  
          **LADY:** Left shuffle back left, right, left
- 9-10     **MAN:** Rock out on left, rock onto right with ¼ turn left  
          **LADY:** Rock out on right, rock onto left with ¼ turn right
- 11&12   **MAN:** Left shuffle forward, left, right, left
- Release hands**  
          **LADY:** Right shuffle forward, right, left, right
- 13-14   **MAN:** Step forward on right, pivot ½ turn left  
          **LADY:** Step forward on left, pivot ½ turn right
- 15&16   **MAN:** Right shuffle forward, right, left, right
- Rejoin both hands**  
          **LADY:** Left shuffle forward, left, right, left
- 17-18   **MAN:** ¼ Turn to face lady, rocking back on left, rock forward on right  
          **LADY:** ¼ Turn left to face man, rocking back on right, rock forward on left
- 19&20   **MAN:** Left shuffle forward, left, right, left, into closed western
- Closed western position, man facing LOD**  
          **LADY:** Right shuffle forward, right, left, right, into closed western
- Lady RLOD**
- 21-22   **MAN:** Rock back on right, rock forward on left  
          **LADY:** Rock forward on left, rock back on right
- 23&24   **MAN:** Right shuffle forward, right, left, right  
          **LADY:** Left shuffle back left, right, left
- Raise mans right hand, lady's left, lady turns left under raised hands, man as your lady turns, mans right hand holds lady's left at waist height - lead your lady to your right side & lower your raised hands to end in side by side by side wrap. Step change for man on 26**
- 25-26   **MAN:** Rock forward on left, touch right toe next to left  
          **LADY:** Rock back on right, rock forward on left
- 27&28   **MAN:** Right shuffle back right, left, right  
          **LADY:** Right shuffle turning ½ turn left right, left right
- 29-30   **BOTH:** Rock back on left, rock forward on right
- 31&32   Left shuffle forward, left, right, left
- 33-34   Rock forward on right, rock back on left
- 35&36   Right shuffle back
- Raise hands, release hands above head rejoin in sweetheart**
- 37-38   **MAN:** Rock back on left, rock forward on right  
          **LADY:** Step left ½ turn right, step right ½ turn right

39&40      **MAN:** Left shuffle back left, right, left  
              **LADY:** Left shuffle back left, right, left in Sweetheart Position  
41-42      Walk forward right, left  
43&44      Right shuffle forward, right, left, right  
45-46      Cross left over right, step back on right  
47&48      Side shuffle to left left, right, left

49-50      Cross right over left, step back on left  
51&52      Side shuffle right turning  $\frac{1}{4}$  turn right

**Man behind lady in Indian Position**

53-54      Walk forward left, right  
55&56      Left shuffle forward

57-58      Rock forward on right, rock back on left  
59&60      Right shuffle back  
61-62      Rock back on left, rock forward on right  
63&64      Left shuffle forward

65-66      Step forward right, step forward left turning  $\frac{1}{4}$  left to face LOD  
67&68      Right shuffle forward, right, left, right  
69-70      Walk forward left, right  
71&72      Left shuffle forward

**Raise hands as you turn you release lady's hands and rejoin in closed western**

**Step change for man on count 74 to change back to opposite feet. As you turn lady  $1 \frac{1}{2}$  turns left, lead lady into Closed Western Position**

73-74      **MAN:** Walk forward right, touch left next to right  
              **LADY:** Step right turning  $\frac{1}{2}$  left, step left turning  $\frac{1}{2}$  left  
75&76      **MAN:** Left shuffle in place  
              **LADY:** Right shuffle turning  $\frac{1}{2}$  turn left  
77-78      **MAN:** Walk forward right, left  
              **LADY:** Walk forward left, right  
79&80      **MAN:** Right shuffle forward, right, left, right  
              **LADY:** Left shuffle back, left, right, left

**REPEAT**

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