

# Explosive

拍数: 64      墙数: 4      级数: Intermediate  
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音乐: Out of Habit - BR5-49



## WALK, COASTER, ¼ TURNS, HEEL, HOOK, HEEL, TOGETHER

- 1-2            Step forward right step forward left.
- 3&4           Step back right, step back left. Step forward right
- 5-6           Step forward left, step forward right
- 7&8           Step back left, step back right, step forward left
- 9-10          Step forward right turning a quarter left
- 11-12        Repeat steps 9 & 10
- 13            Right heel forward
- 14            Right heel hook in front of left leg
- 15            Right heel forward
- 16            Right heel step together next to left

## LEFT CHASSE, ROCK, BEHIND, CROSS, SHUFFLE, TURN

- 17&18        Step left to left side. Close right beside left. Step left to left
- 19            Rock right behind left
- 20            Rock weight onto left
- 21-22        Step right to right side. Cross left behind right
- &23          Step right to right side. Cross left over right
- 24            Step right to right side
- 25-26        Step left to left side. Cross right behind left
- 27&28        Step left to side making ¼ turn. Slide right to left. Step left forward
- 29-30        Step forward right ½ turn over left shoulder
- 31-32        Repeat steps 29-30

## KICK, SIDE, CROSS, UNWIND, SHUFFLE, ROCKS, BUMPS

- 33&34        Kick right forward step in place. Kick left to left side
- 35-36        Cross left over right unwind ½ turn over right shoulder
- 37&38        Step right forward close left beside right step forward right
- 39-40        Rock forward left. Rock back right
- 41&42        Step back left. Close right beside left. Step back left
- 43-44        Rock back right rock forward left
- 45&46        Bump right hip forward, left hip back, right hip forward
- 47-48        Step forward left

## HIPS, STEP, TURN, HEELS, SHIMMIES

- 49&50        Repeat steps 45 & 46
- 51-52        Repeat steps 47-48
- 53-54        Step right forward ¼ turn left
- 55-56        Repeat steps 53-54
- 57&          Touch right heel forward step right beside left
- 58&          Touch left heel forward step left beside right
- 59&60        Touch right heel forward step forward weight onto right foot
- 61-62        Forward shimmy
- 64-64        Back shimmy

## REPEAT

