

Exodus

拍数: 32 墙数: 4 级数: Advanced Beginner
编舞者: William Sevone (UK) - October 2003
音乐: Exodus - Maksim : (The Piano Player)



Choreographers note:- The Tag and Finale are somewhat different to what many dancers may have become accustomed to. (ver:2 – 13.10.2003)

Always remember - 'The beat may reach your feet - but the rhythm will electrify your soul'.

Dance starts on count 9 after the drums come in (43s from start). Feet slightly apart with weight on left.

Cross. Full Turn. 2x Bwd Shuffle. 2x Bwd Diagonal (12:00)

1 - 2 Cross right over left. On ball of right with left off floor - full turn left.
3& 4 Shuffle backward stepping: L.R-L.
5& 6 Shuffle backward stepping: R.L-R.
7 - 8 Step left back diagonally left. Step right back diagonally right.

Cross. Diagonal. Diagonal Shuffle. 2x Diagonal. Diagonal Shuffle (12:00)

9 - 10 Cross left over right. Step right foot diagonally left.
11& 12 Shuffle diagonally right stepping: L.R-L.
13 - 14 Step right diagonally left. Step left diagonally right.
15& 16 Shuffle diagonally left stepping: R.L-R.

*1/2 Left Back. Cross. Diagonal Scissor. 1/2 Left Back. Back. Back-1/4 Rock-Recover (9:00)

17 - 18 Turn 1/2 left to face 6:00 & step backward onto left. Cross right over left.
19& 20 Step left diagonally backward left, step right next to left, step left diagonally forward right.
21 - 22 Turn 1/2 left & step backward onto right (12). Step backward onto left.
23 - 24 Step backward onto right, turn 1/4 left & rock left to left side, recover onto right.

Behind. 1/4 Fwd. 1/2 Bwd Shuffle. Back. Touch. Fwd-1/4 Rock-Recover (3:00)

25 - 26 Step left behind right. Turn 1/4 right & step forward onto right.
27& 28 Turn 1/2 right & shuffle backward stepping: L.R-L (6).
29 - 30 Step backward onto right. Touch left to outside of right.
31& 32 Step forward onto left, turn 1/4 left & rock right to right, recover onto left.

TAG: At the end of the 4th wall (facing 'home') 12 count Tag - 'A Time For Reflection'

1 - 12 (with feet apart) Lower head with hands either by side, clasped to the front or behind back.

DANCE FINISH: The dance will finish on count 24 of the 7th wall (facing 9:00). The 'finale' is purely optional. After count 24 (as the music dramatically slows down) do the following:

1 - 2 Step left behind right. Unwind 1/4 left (weight on right).
3 - 10 Step left sharply to the left with head bowed & at the same time swinging both arms backward with palms forward and fingers wide. Hold this position for 7 counts.
11 - 20 Slowly move arms forward and upward above head – move head upward at same time.
21 - 26 Hold this position for 6 counts