

Ex-Ess

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Tony Wilson (USA)
音乐: (Don't Put Me In) The Ex Files (feat. Buck Owens) - The Bellamy Brothers



CROSS TOUCHES, WALK RIGHT, WALK LEFT, RIGHT KICKBALL CHANGE

1& Right step forward on right diagonal, left touch beside right
2& Left step back on left diagonal, right touch beside left
3& Right step to right side, left touch beside right
4 Left step forward on left diagonal
5-6 Right walk forward, left walk forward
7&8 Right kick forward, right step beside left, left step in place

½ TURN LEFT, SHUFFLE RIGHT-LEFT-RIGHT, X TOUCHES

1-2 Right step forward, pivot turn ½ left
3&4 Right step forward, left close to right, right step forward
5& Left step forward on left diagonal, right touch beside left
6& Right step back on right diagonal, left touch beside right
7& Left step to left side, right touch beside left
8 Right step forward on right diagonal

ROCK & CROSS, ROCK & CROSS, SIDE, BEHIND, ¼ TURN SHUFFLE LEFT, RIGHT, LEFT

1&2 Left rocking step to left side, right step slightly back, left cross in front of right
3&4 Right rocking step to right side, left step slightly back, right cross in front of left
5-6 Left step to left side, right step behind left
7&8 Left step to side, right close to left turning ¼ left, left step forward

½ TURN LEFT, RIGHT KICK BALL CHANGE, WALK RIGHT, LEFT, TOUCH, UNWIND ½ RIGHT

1-2 Right step forward, ½ pivot turn left
3&4 Right kick forward, right step beside left, left step in place
5-6 Right walk forward, left walk forward
7-8 Right toe touch behind left, unwind ½ turn right ending with weight on left

REPEAT
