

Ex Oh! Ex

拍数: 64 墙数: 0 级数:
编舞者: Gerard Murphy (CAN)
音乐: I'm In Love With My Best Friend's Ex - Vanessa Olivarez



The CD is available at vanessaolivarez.org

ROCK, RECOVER, BALL CROSS, SIDE, BEHIND, SIDE, CROSS, POINT

- 1-2 Cross rock right over left, recover onto left
- &3-4 Step on ball of right, cross step left over right, side step right to right
- 5-6-7 Weave - step left behind right, step right to right, cross step left over right
- 8 Point right to right

KICK STEP TOUCH, TAP, STEP, HEEL, STEP STEP, HEEL, STEP STEP

- 9&10 Kick right forward, step down on right, touch toes of left next to right
- 11-12 Tap left toes slightly forward (knee bent), step down on left
- 13-14& Cross step right heel over left, recover onto left, step right next to left
- 15-16& Cross step left heel over right, recover onto right, step left next to right

½ TURN PIVOT, TOUCH, TOUCH, JAZZ BOX ¼ TURN

- 17-18 Step right forward, ½ turn pivot left onto left
- 19-20 ¼ pivot left touch right toes to right, ¼ pivot left touch right toes to right (to 12:00)
- 21-24 Cross step right over left, step back on left, step right ¼ turn right, step left next to right

POINT, TOUCH, ½ TURN PIVOT, WALK, WALK, WALK, WALK

- 25-26 Point right toes forward (straight leg), draw right directly past left and touch right toes back
- 27-28 Step right forward, ½ turn pivot left onto left
- 29-30-31-32 Walk forward - right, left, right, left

ROCK, RECOVER, COASTER STEP, ROCK RECOVER, ½ TURN SHUFFLE

- 33-34-35&36 Rock forward on right, recover onto left, coaster step back - right, left, right
- 37-38-39&40 Rock forward on left, recover on right, ½ turn shuffle over left shoulder - left, right, left
- 41-48 Repeat 33-40

POINT, CROSS, POINT, CROSS, ½ TURN MONTEREY

- 49-52 Point right to right side, cross step right over left, point left to left side, cross left over right
- 53-56 ½ Monterey turn right - point right to right side, pivot ½ turn right while stepping right next to left, point left to left side, step left next to right

BUMP, BUMP, BUMP, BUMP, STEP, ½ TURN PIVOT, STEP

- 57-60 Step right to left (shoulder width) while bumping right hips to left, bump left hips to left, bump right hips to right, bump left hips to left
- 61-64 Step right ¼ turn right, step left forward, ½ turn pivot right onto right, step left slightly forward making ¼ turn right (to complete a full turn)

REPEAT

TAG

Do the full 8 count tag at the end of walls 2 and 4. Do only the first 4 counts of the tag after wall 5

CROSS, POINTS

- 1-2 Cross step right over left, point left to left
- 3-4 Cross step left over right, point right to right

5-6 Cross step right over left, point left to left
7-8 Cross step left over right, point right to right
½ of the tag would be the first 4 counts only

RESTART

On walls 6 and 7, restart after count 56. As soon as you do the Monterey turn, you begin from the beginning

ENDING

The music will end after 32 counts of wall 8. Change the last 4 counts to

29-32 Walk, walk, walk, ½ turn pivot left
