

Everyway That I Can

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Trinity Chan (MY)
音乐: Everyway That I Can (Remix) - Sertab Erener



32 count Intro and 24 count ending can be omitted for other versions by Sertab Erener

START DANCING INTRO, 32 COUNTS BEFORE VOCALS

- 1-8 Touch right toe forward and gyrate hips to eight counts, rolling your right knee around to the right as well
- 9-16 Touch left toe forward and gyrate hips to eight counts rolling your left knee around to the left as well
- 17-24 Touch right toe forward and gyrate hips to eight counts, rolling your right knee around to the right as well
- 25-32 Touch left toe forward and gyrate hips to eight counts, rolling your left knee around to the left as well

Hand movements: stretch corresponding hand above head when doing gyrating of hips and roll wrist in a circular motion or direction

START ON VOCALS. MAMBO FORWARD LEFT, MAMBO BACK RIGHT

- 1-4 Rock forward left, recover weight to right, step left in place beside right, hold
- 5-8 Rock back right, recover weight to left, step right in place beside left, hold

MAMBO SIDE LEFT, MAMBO SIDE RIGHT

- 1-4 Rock left side left, recover weight to right, step left in place beside right, hold
- 5-8 Rock right side right, recover weight to left, step right in place beside left, hold

DIAGONALLY FORWARD LEFT, TOUCH RIGHT. RIGHT DIAGONALLY BACK, TOUCH LEFT. LEFT DIAGONALLY BACK, TOUCH RIGHT. RIGHT DIAGONALLY FORWARD, TOUCH LEFT

- 1-2 Step left diagonally forward, touch right beside left
- 3-4 Step right diagonally back, touch left beside right
- 5-6 Step left diagonally back, touch right beside left
- 7-8 Step right diagonally forward, touch left beside right

TOUCH LEFT TOE FORWARD AND GYRATE HIPs

- 1-8 Touch left toe forward and gyrate hips to eight counts, rolling your left knee around to the left as well

Stretch left hand above head when doing gyrating of hips and roll wrist in a circular motion or direction

TOUCH RIGHT TOE FORWARD AND GYRATE HIPs

- 1-8 Touch right toe forward and gyrate hips to eight counts, rolling your right knee around to the right as well

Stretch right hand above head when doing gyrating of hips and roll wrist in a circular motion or direction

CURVING LOCK STEPS MAKING ½ TURN RIGHT

- 1-4 Beginning to turn right, step right forward, lock left behind right, continuing on a right curve, step right forward, lock left behind right
- 5-8 Repeat steps 1-4 completing the ½ turn right

Stretch right hand above head and roll wrist in a circular motion or direction for above 8 counts. You are now facing 6:00

DIAGONALLY FORWARD LEFT, TOUCH RIGHT. RIGHT DIAGONALLY BACK, TOUCH LEFT. LEFT DIAGONALLY BACK, TOUCH RIGHT. RIGHT DIAGONALLY FORWARD, TOUCH LEFT

- 1-2 Step left diagonally forward, touch right beside left
- 3-4 Step right diagonally back, touch left beside right
- 5-6 Step left diagonally back, touch right beside left
- 7-8 Step right diagonally forward, touch left beside right

CHASSE TO THE LEFT (CUBAN HIPS) AND HOOK RIGHT FOOT BEHIND LEFT. CHASSE TO THE RIGHT (CUBAN HIPS) AND HOOK LEFT FOOT BEHIND RIGHT

- 1-4 Step left to left side, close right to left, step left to left side. (make sure you use your hips). Hook right leg behind left
- 5-8 Step right to right side, close left to right, step right to right side. (make sure you use your hips). Hook left leg behind right

While dancing above 8 counts, stretch both hands above head and roll wrists in a circular motion or direction

REPEAT

ENDING

After completing 7th repetition of dance, you will now be facing 6:00, dance:

CURVING LOCK STEPS MAKING ½ TURN LEFT FOR 8 COUNTS. TOUCH RIGHT TOE FORWARD AND GYRATE HIPS FOR 8 COUNTS. TOUCH LEFT TOE FORWARD AND GYRATE HIPS FOR 8 COUNTS

- 1-4 Beginning to turn left, step left forward, lock right behind left, continuing on a left curve, step left forward, lock right behind left
- 5-8 Repeat steps 1-4, completing the ½ turn left. You are now facing front wall
- 9-16 Touch right toe forward and gyrate hips to eight counts, rolling your right knee around to the right as well
- 17-24 Touch left toe forward and gyrate hips to eight counts, rolling your left knee around to the left

Throughout the 24 counts, stretch both hands above head and roll wrists in a circular motion or direction
