

Everything Is Alright

COPPER KNOB
BY STEPHENETS

拍数: 0 墙数: 2 级数: Intermediate
编舞者: Lisa Ravenscroft (CH)
音乐: Follow Me (Homicide DJ Mix) - Uncle Kracker



SECTION A

RIGHT HOOK & RIGHT SHUFFLE FORWARD, ROCK FORWARD & BACK AND COASTER STEP

1-2 Touch right heel forward, & hook up to left ankle
3&4 Shuffle forward right, left, right
5-6 Rock forward on left, recover on right
7&8 Step back on left, step right foot beside left, step forward on left

TURN HALF LEFT, TURN HALF LEFT, AND RIGHT, LEFT, RIGHT SWITCH STEPS WITH RIGHT KICK FORWARD

9-10 Step forward on right and $\frac{1}{2}$ turn to left
11-12 Step forward on right and $\frac{1}{2}$ turn to left
13&14 Touch right toe to right side, bring right foot in place on '&' beat and touch left toe to left side
&15&16 Bring left foot in place on '&' beat, touch right toe to right side and kick right foot forward

FORWARD TURNING SHUFFLE HALF TO RIGHT, ROCK BACK ON RIGHT & FULL TURN FORWARD OVER LEFT SHOULDER

17&18 Shuffle forward on right with $\frac{1}{4}$ turn to right
19&20 Shuffle back on left with $\frac{1}{4}$ turn to right
21-22 Rock back on right, recover on left
23-24 Step forward right & half-turn over left shoulder, step forward left half-turn over left shoulder

RIGHT LOCK STEP, SHUFFLE FORWARD RIGHT WITH LEFT MONTERREY TURN WITH A HITCH

25-26 Step forward right, bring left foot in behind right
27&28 Shuffle forward right, left, right
29-30 Touch left toe to left side, turn $\frac{1}{2}$ to left and step left beside right
31-32 Touch right toe to right side and hitch right foot

SECTION B

STEP, SLIDES (DIAGONALLY BACK ON RIGHT, SLIDING LEFT TO RIGHT TIMES 4)

&33&34 Step back on right on a slight diagonal, slide left up to right, click fingers, bumping hips right, left
&35&36 Step back on right on a slight diagonal, slide left up to right, click fingers, bumping hips right, left
&37&38 Step back on right on a slight diagonal, slide left up to right, click fingers, bumping hips right, left
&39&40 Step back on right on a slight diagonal, slide left up to right, click fingers, bumping hips right, left

ROLLING VINE TO THE LEFT, TOUCH & CLAP, ROLLING VINE TO THE RIGHT, TOUCH & CLAP

41-42 Step left to left side turning a $\frac{1}{2}$ left, step right to right side turning a $\frac{1}{2}$ left, step left to left side turning $\frac{1}{2}$ left
43-44 Touch right by left foot and clap
45-46 Step right to right side turning a $\frac{1}{2}$ right, step left to left side turning a $\frac{1}{2}$ right, step right to right side turning $\frac{1}{2}$ right
47-48 Touch left by right foot and clap

LEFT SAILOR STEP, RIGHT SAILOR STEP, SKATE LEFT, RIGHT, LEFT, RIGHT

49&50 Left behind right, step right to right, step left to left
51&52 Right behind left, step left to left, step right to right
53-54 Slide left foot forward left on slight left diagonal, slide right up towards left then forward right on slight right diagonal
55-56 Slide left foot forward left on slight left diagonal, slide right up towards left then forward right on slight right diagonal

½ TURN RIGHT WITH TOE TOUCHES AND RIGHT, LEFT, RIGHT LEFT SWITCH STEPS

&57&58&59&60 Hitch left foot up, touch left toe down to left and repeat 3 times to turn half to right

&61-62 Left foot step in place, touch right heel forward, switch to left heel forward

&63&64& Switch to right heel forward, switch to left heel forward & in-place
