

Everyday Waltz

拍数: 48 墙数: 2 级数: Intermediate waltz
编舞者: Nigel Payne (UK) & Barbara Payne (UK)
音乐: Song For The Every Day Man - Dave Sheriff



LEFT TWINKLE, RIGHT CROSS STEP, SWEEP LEFT

1-3 Cross left over right, step right to right side, step left in place beside right
4-6 Cross right over left, sweep left around from back to front over 2 counts, (weight on right)

LEFT TWINKLE, RIGHT CROSS STEP, SWEEP LEFT

7-12 Repeat counts 1-6

FRONT-SIDE-BEHIND, STEP-DRAG

13-15 Cross left over right, step right to right side, cross left behind right, (weight on left)
16-18 Take a long step to the right with right foot, drag left to right over 2 counts, (weight on right)

STEP-DRAG, ¼ RIGHT, POINT LEFT, HOLD

19-21 Take a long step to the left with left foot, drag right to left over 2 counts, (weight on left)
22-24 Step right ¼ turn right, point left to left side, hold, (weight on right, 3:00)

CROSS BEHIND, SIDE-ROCK-RECOVER TWICE

25-27 Cross left behind right (take weight), rock right to right side, recover back onto left
28-30 Cross right behind left (take weight), rock left to left side, recover back onto right

These steps travel backwards

STEP BACK LEFT, RONDA SWEEP WITH ½ TURN BACK OVER RIGHT SHOULDER

31-33 Step back on left, on left pivot ½ turn back over right shoulder sweeping right foot as you turn over 2 counts, (keep weight on left foot, now facing 9:00)

STEP BACK RIGHT, POINT LEFT, HOLD

34-36 Step back on right, point left to left side, hold (weight on right)

CROSS-STEP, POINT, HOLD, CROSS-BEHIND, POINT, HOLD

37-39 Cross left over right, point right to right side, hold, (weight on left)
40-42 Cross right behind left, point left to left side, hold, (weight on right)

CROSS-STEP WITH ¼ TURN LEFT, POINT, HOLD, CROSS-STEP, POINT, HOLD

43-45 Cross left over right turning ¼ turn left, point right to right side, hold, (facing 6:00)
46-48 Cross right over left, point left to left side, hold

REPEAT
