

Everybody's Something

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jo Kinser (UK) & John Kinser (UK)
音乐: Shackles - Mary Mary



WALK RIGHT LEFT, ROCK & CROSS, ROCK TURN CROSS, ½ TURN FORWARD

1-2 Step forward right, left (5th)
&3-4 Rock right side right (small), replace weight left, step right forward (5th)
5&6 Pivot on the right ¼ right rock the left side left, replace weight right, cross left over right
7-8 Turn ¼ left stepping back right, turn ¼ left step forward

LEFT ROCK STEP, TURN ½ ½, SAILOR STEP, SAILOR ¼

1-2 Rock forward right, replace weight left
3-4 Turn ½ right stepping forward right, turn ½ right stepping back left
5&6 Step right behind left, step left side left, step right side right
7&8 Step the ball of the left behind the right, step right ¼ left, step forward left

WALK RIGHT LEFT, COASTER BACK, BACK, ½ TURN, TURN ¾ LEFT RIGHT LEFT

1-2 Step forward right, left (5th)
Option
1-2 Clench both fists (not tight) and touch them together in front of you, elbows are roughly 6" apart, as you start walking forward on the right foot, swing your fists which are clench together over your right shoulder next to your right cheek. Repeat swinging to the left as you walk forward left.

3&4 Step forward right, step left together, step back right
5-6 Step back left, pivot on the left ½ right step forward right
7&8 Step forward left, right, left making a ¾ turn right (facing 9:00)

WALK RIGHT LEFT, STEP TURN STEP, TURN ½ ½ ½, ROCK STEP

1-2 Step forward right, left (5th)
3&4 Step forward on the ball of right turn ½ left, step left next to right, step forward right
5-6 Turn ½ right stepping back left, turn ½ right stepping forward right
7&8 Turn ½ right stepping back left, rock back on the ball of right (5th), replace left
Option
7&8 Triple half turn right, left-right-left in place

REPEAT