

Even-Steven

拍数: 32 墙数: 4 级数: Beginner
编舞者: Deb Crew (CAN)
音乐: Fortunate Son - Creedence Clearwater Revival



Dedicated to Harold Wesley for his appreciation of classic rock & roll music from the good old days!
This dance has lots of "attitude" especially for steps 1-4 and when you touch your heel forward and your toe back for steps 11, 12, 15 and 16. Hitch your knee after touching your heel forward and touching your toe back!

STOMP BALL OF RIGHT FOOT FORWARD, 3 HEEL TAPS

Keep ball of foot planted on floor

1-4 Lightly stomp ball of right foot forward. Ball of right foot remains on the floor while you raise your right heel and tap the floor three times (2-4)

STEP-TOUCH, CLAP, STEP-TOUCH, CLAP (MODIFIED HAT DANCE)

&5-6 Step back on right, touch left heel forward, clap

&7-8 Step back on left, touch right heel forward, clap

SHUFFLE FORWARD, TOUCH HEEL FORWARD, TOUCH TOE BACK

9&10 One 3-step shuffle forward: right, left, right

11-12 Touch left heel forward, touch left toe back

SHUFFLE FORWARD: TOUCH HEEL FORWARD, TOUCH TOE BACK

13&14 One 3-step shuffle forward: left, right, left

15-16 Touch right heel forward, touch right toe back

SIDE SHUFFLES & ROCK STEPS

17&18 One 3-step side shuffle to the right: right, left, right

19-20 Rock back on left, rock forward in place on right

21&22 One 3-step side shuffle to the left: left, right, left

23-24 Rock back on right, rock forward in place on left

KICK-BALL-CHANGE, KICK-BALL-CHANGE, ¼ TURN, KICK-BALL-CHANGE: STEPS 25-32

25&26 Right kick-ball-change: kick the right forward, step down on ball of right foot, step weight on left

27&28 Right kick-ball-change: kick the right forward, step down on ball of right foot, step weight on left

29-30 Step forward on right, step ¼ turn to the left on left foot

31&32 Right kick-ball-change: kick the right forward, step down on ball of right foot, step weight on left

REPEAT