

Evelyn's Choice

拍数: 48 墙数: 4 级数: Improver
编舞者: Theresa Needham (UK)
音乐: Daytime Friends And Nighttime Lovers - Westlife



TOE STRUTS LEFT & RIGHT, FORWARD ROCK, BACK ROCK

- 1-2 Touch left toe forward, drop left heel
- 3-4 Touch right toe forward, drop right heel
- 5-6 Rock left forward, recover onto right
- 7-8 Rock left back, recover forward onto right

TOE STRUTS LEFT & RIGHT, ROCK FORWARD RECOVER ½ LEFT HOLD

- 1-2 Touch left toe forward, drop left heel
- 3-4 Touch right toe forward, drop right heel
- 5-6 Rock left forward, recover onto right
- 7-8 Turn ½ left and step left forward, hold

RIGHT LOCK STEP SCUFF, VINE LEFT SCUFF

- 1-2 Step right forward, lock left behind right
- 3-4 Step right forward, scuff
- 5-6 Step left to side, cross right behind left
- 7-8 Step left to side, scuff right forward

VINE ¼ RIGHT HITCH, CROSS SHUFFLE HOLD

- 1-2 Step right to side, step left behind right
- 3-4 Turn ¼ right and step right forward, hitch left knee
- 5-6 Step left across right, step right to side
- 7-8 Cross left across right, hold

BACK ¼ LEFT CROSS HOLD, ½ RUMBA BOX

- 1-2 Step right back, turn ¼ left and step left to side
- 3-4 Cross right over left, hold
- 5-6 Step left to side, step right beside left
- 7-8 Step left forward, touch right next to left

SIDE TOGETHER, ¼ RIGHT HOLD, STEP PIVOT ½ RIGHT, FULL TURN RIGHT

- 1-2 Step right to side, step left next to right
- 3-4 Turn ¼ right and step right forward, hold
- 5-6 Step left forward, turn ½ right (weight to right)
- 7-8 Turn ½ right and step left back, turn ½ right and step right forward

Option: walk left, walk right

REPEAT