

# Eternal Flame

拍数: 36                      墙数: 4                      级数: Improver  
编舞者: The Hedgehogs (UK)  
音乐: Eternal Flame - Atomic Kitten



## ROCK AND CROSSES, JUMP BACK, CROSS SHUFFLE

1&2                      Rock right to right, rock weight on to left, cross right over left  
3&4                      Rock left to left, rock weight on to right, cross left over right  
&5-6                      Jump back feet shoulder width apart right, left, hold  
7&8                      Cross right over left, step left to left, cross right over left

## ROCK STEP, TURNING SHUFFLE, ROCK STEP, COASTER STEP

9-10                      Step left to left, rock weight onto right making a  $\frac{1}{4}$  turn right  
11&12                      Make a full turn to right stepping left, right, left  
**Or shuffle forward left, right, left without turns**  
13-14                      Rock right forward, rock back on left  
15&16                      Step back on right, step left together, step right forward

## STEP PIVOT, SHUFFLE, KICK BALL STEP KICK BALL TOUCH

17-18                      Step left forward, pivot  $\frac{1}{2}$  turn right  
19&20                      Shuffle forward left, right, left  
21&22                      Kick right forward, step on ball of right next to left, step left forward  
23&24                      Kick right forward, step on ball of right next to left, touch left backwards

## HEEL SWIVELS WITH $\frac{1}{2}$ TURN LEFT, KICK BALL STEP, KICK BALL TOUCH

&25&26                      With knees slightly bent, swivel on balls of both feet to right, left, right, left  
&27&28                      Repeat steps &25-26  
**During steps & 25 to 28, you will be making a  $\frac{1}{2}$  turn in total to the left**  
29&30                      Kick right forward, step on ball of right next to left, step left forward  
31&32                      Kick right forward, step on ball of right next to left, touch left backwards

## HEEL SWIVELS WITH $\frac{1}{2}$ TURN LEFT

&33&34                      With knees slightly bent, swivel on balls of both feet to right, left, right, left  
&35&36                      Repeat steps & 33-34  
**During steps & 33 to 36, you will be making a  $\frac{1}{2}$  turn in total to the left**

## REPEAT

On the heel swivels (&25-28 and &33-36), hold hands in front as if holding a guitar (left palm facing forward, right palm facing your body) and swing arms right, left, right, left in time with your heel swivels.