

E.T. Shuffle

拍数: 36 墙数: 4 级数: Intermediate
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音乐: E.T. - Toy-Box



WALK 3X FORWARD, POINT FOOT, STEP SWIFT, LEFT BEHIND RIGHT, STEP SWIFT

1-3 Step right, left, right foot forward
4 Point left foot left
5-6 Left foot back quickly swift right heel forward
7&8 Step left behind right step right beside left quickly swift left heel forward

JUMP RIGHT OVER LEFT STEP LEFT HEEL FORWARD, RIGHT FOOT OVER LEFT, ROCK STEP, ROCK STEP

1-2 Jump right foot over left foot quickly swift left heel forward
3&4 Jump right foot over left
5-6 Rock left foot left weight back on right
7-8 Step left foot back weight back on right

SHUFFLE, FULL TURN FORWARD, ROCK STEP, SHUFFLE

1&2 Shuffle left-right-left forward
3-4 On ball of left turning ½ left step back on left on ball of right ½ turn left
5-6 Rock step forward on right rock back on left
7&8 Shuffle right-left-right back

ROCK STEP, SHUFFLE, PIVOT ½ TURN, 1X SWIVEL WITH ¼ TURN LEFT

1-2 Rock step left back rock back on right
3-4 Shuffle left-right-left forward
5-6 Step right forward pivot ½ left with right
7&8 Step right foot forward right heel to right step left straight forward right beside left

ROCK STEP, TOGETHER, CLAP

1-2 Rock step left to left with left foot rock back on right
3-4 Step left together with right clap

REPEAT
