

Estoy Aquí (I Am Here)

拍数: 32 墙数: 4 级数: Improver
编舞者: Christien van Londen (NL) & Vera Esman (NL)
音乐: Estoy Aquí - Shakira



Start after 30 seconds when Shakira sings Estoy Aquí on the word Aquí

SIDE ROCK, CROSS SHUFFLE, ¼ TURN RIGHT 2X, FORWARD SHUFFLE

1-2 Step right to right side, recover onto left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Make ¼ turn right stepping back on left, ¼ turn right stepping right to right side
7&8 Forward shuffle stepping left, right, left

HEEL & TOE TOUCHES, WALKS, FORWARD SHUFFLE

1&2& Touch right heel forward, & step right beside left, touch left toe back, & step left beside right
3&4& Touch right heel forward, & step right beside left, touch left toe back, & step left beside right
5-6 Walk forward right left
7&8 Forward shuffle stepping right left right

TRIPLE ½ TURN, ROCK STEP, FULL TURN TRAVELING FORWARD, ROCK AND POINT

1&2 Triple ½ turn right stepping left ¼ turn right forward, close right beside left, left step ¼ back
3-4 Step right back, recover onto left
5-6 Make ½ turn left stepping right back, make ½ turn left stepping left forward
7&8 Rock forward on right, & recover onto left, point right to right side

¼ RIGHT COASTER STEP, CROSS POINT, CROSS POINT, CROSS SHUFFLE

1&2 Turn ¼ right stepping right back, close left beside right, step forward on right
3-4 Cross left over right, point right to right side
5-6 Cross right over left, point left to left side
7&8 Cross left over right, step right to right side, cross left over right

REPEAT

TAG

On wall 5, after count 32

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK CROSS SHUFFLE

1-2 Step right to right side, recover on left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Step left to left side, recover on right
7&8 Cross left over right, step right to right side, cross left over right

Start dance from beginning