

Eruption

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Yvonne Anderson (SCO)
音乐: One Way Ticket - Eruption



RIGHT HEEL GRIND ¼ TURN RIGHT, RIGHT COASTER STEP, KNEE LIFT, TURN ¼ LEFT, LEFT COASTER STEP

1-2 Touch right heel forward, grind ¼ turn right taking weight on left (3:00)
3&4 Step right back, & step left beside right, step right forward
5-6 Lift left knee across right, with knee hitched make ¼ turn left on ball of right (12:00)
7&8 Step left back, & step right beside left, step left forward

STEP, PIVOT ½ TURN LEFT, FORWARD RIGHT SHUFFLE, TWO STEP FULL TURN (TRAVELS FORWARD), FORWARD LEFT SHUFFLE

1-2 Step right forward, pivot ½ turn left taking weight on left (6:00)
3&4 Shuffle forward stepping right, left, right
5-6 Make ½ turn left stepping left back, make ½ turn left stepping right forward
7&8 Shuffle forward stepping left, right, left

RIGHT HEEL GRIND ¼ TURN RIGHT, RIGHT COASTER STEP, KNEE LIFT, TURN ¼ LEFT, LEFT COASTER STEP

1-2 Touch right heel forward, grind ¼ turn right taking weight on left (9:00)
3&4 Step right back, & step left beside right, step right forward
5-6 Lift left knee across right, with knee hitched make ¼ turn left on ball of right (6:00)
7&8 Step left back, & step right beside left, step left forward

STEP, PIVOT ¾ TURN LEFT, RIGHT SIDE SHUFFLE, ROCK, RECOVER, LEFT HEEL-BALL CROSS

1-2 Step right forward, pivot ¾ turn left taking weight on left (9:00)
3&4 Step right to right, & step left beside right, step right to right
5-6 Rock left behind right, recover weight on right
7&8 Touch left heel forward, & step ball of left back, step right across left

LEFT SIDE SHUFFLE, ROCK, RECOVER, SIDE-BEHIND, HEEL JACK, CLAP

1&2 Step left to left, & step right beside left, step left to left
3-4 Rock right behind left, recover weight on left
5-6 Step right to right, step left behind right
&7&8 Step ball of right back, touch left heel forward, & clap hands, clap hands

BALL-STEP ¼ TURN LEFT, CROSS SHUFFLE, SIDE-BEHIND, HEEL JACK, CLAP

&1-2 Step ball of left beside right, step right forward, pivot ¼ left taking weight on left (6:00)
3-4 Step right across left, & step left to left, step right across left
5-6 Step left to left, step right behind left
&7&8 Step ball of left back, touch right heel forward, & clap hands, clap hands

BALL-STEP ½ TURN RIGHT, FORWARD LEFT SHUFFLE, ROCKING CHAIR

&1-2 Step ball of right beside left, step left forward, pivot ½ right taking weight on right (12:00)
3&4 Shuffle forward stepping left, right, left
5-6 Rock right forward, recover weight on left
7-8 Rock right back, recover weight on left

BALL-STEP ½ TURN RIGHT, FORWARD LEFT SHUFFLE, ROCKING CHAIR

&1-2 Step ball of right beside left, step left forward, pivot ½ right taking weight on right (6:00)

3&4 Shuffle forward stepping left, right, left
5-6 Rock right forward, recover weight on left
7-8 Rock right back, recover weight on left

REPEAT
