

# Eruption

拍数: 32                      墙数: 4                      级数: Intermediate  
编舞者: PJ (UK)  
音乐: Volcano - Jimmy Buffett



## RIGHT ROCK & CROSS, LEFT ROCKS WITH ¼ TURNS, RIGHT ROCKS WITH ¼ TURNS

- 1                      Step right foot to right side rocking weight right
- &2                     Rock weight on to left, cross right over left
- 3                      Pivot ¼ turn right on right foot & step left foot to left side, rocking weight left
- &                        Rock weight right & hitch left knee (low hitch)
- 4                      Pivot ¼ turn right on right foot & step left foot to left side, rocking weight left
- &                        Rock weight right & hitch left knee (low hitch)
- 5                      Pivot ¼ turn right on right foot & step left foot to left side, rocking weight left
- &6                     Rock weight on to right, cross left over right
- 7                      Pivot ¼ turn left on left foot & step right foot to right side, rocking weight right
- &                        Rock weight left & hitch right knee (low hitch)
- 8                      Pivot ¼ turn left on left foot & step right foot to right side, rocking weight right
- &                        Rock weight left & hitch right knee (low hitch)

## RIGHT & LEFT CROSS LOCKS

- 9                      Lock right over left rocking forward on to right foot (bend knees)
- &                        Rock weight back on to left foot (straighten knees)
- 10                     Rock weight forward on to right foot (bend knees)
- 11                     Lock left over right rocking forward on to left foot (bend knees)
- &                        Rock weight back on to right foot (straighten knees)
- 12                     Rock weight forward on to left foot (bend knees)

## RUNNING MAN STEPS, COASTER STEP

- &13                    Slide back on left foot while hitching right knee, cross right over left
- &14                    Slide back on right foot while hitching left knee, cross left over right
- &                        Slide back on left foot while hitching right knee
- 15&16                Step back on right foot, close left beside right, step forward on right foot

## SIDE STEPS LEFT WITH HEEL SWIVELS, SAILOR CROSS, SIDE STEPS RIGHT WITH HEEL SWIVELS, SAILOR CROSS

- 17&                    Step left foot to left side & swivel heels left, swivel heels right
- 18&                    Swivel heels left, swivel heels right & rock weight on to right
- 19&20                Cross left behind right, step right foot to right side, cross left over right
- 21&                    Step right foot to right side & swivel heels right, swivel heels left
- 22&                    Swivel heels right, swivel heels left & rock weight on to left
- 23&24                Cross right behind left, step left foot to left side, cross right over left

## WALK FORWARD, SHUFFLE ½ TURN, HEEL SWITCHES, SIDE STEP, SCOOTs FORWARD

- 25-26                Walk forward, left right
- 27&28                Shuffle left right left completing ½ turn right on the spot
- 29&                    Touch right heel forward, close right beside left
- 30&31                Touch left heel forward, close left beside right, step right foot to right side (shoulder width apart)
- &32                    Keeping feet shoulder width apart, scoot forward twice (on both feet)

## REPEAT

