

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Lisa Martin (UK)
音乐: Enough Of Mine - Gareth Gates



SIDE ROCK BEHIND, KNEE POPS, SIDE STEP, SIDE ¼ SIDE STEP, HIP, HIP

1&2 Rock right foot to right side, step on left, touch right foot behind left
3&4 Pop left knee towards right knee, pop right knee towards left knee, pop left knee towards right knee
5-6 Steps left foot to left side, step right foot ¼ turn right
7&8 Step left foot to left side making the ¼ turn, sway hips right and left
9-16 Repeat 1-8 again

TWICE SAILOR STEPS TWICE CROSS SHUFFLE POINT

1&2 Step right foot behind left, step on left, step right to right side
3&4 Step left foot behind right, step on right, step left to left side
5&6& Step right over left, step on left, step right over left, point left foot
7&8& Step left over right, step on right, step left over right, point right foot

TWICE CROSS POINTS, STEP PIVOT ¼, BEHIND UNWIND ½

1-2 Cross right foot over left, point left foot to left side
3-4 Cross left foot over right, point right foot to right side
5-6 Step forward right pivot ¼ left
7-8 Step right foot behind left unwind ½ right

WEAVE TWICE MAMBO

1&2& Step right behind left, step left to left side, step right in front, step left to left side
3&4& Step right behind left, step left to left side, step right in front, step left to left side
5&6 Rock forward on right recover on left, step right next to left
7&8& Rock back on left recover on right, step left next to right, step right to right side

WEAVE TWICE MAMBO

1&2& Step left behind right, step right to right side, step left in front, step right to right side
3&4& Step left behind right, step right to right side, step left in front, step right to right side
5&6 Rock forward on right recover on left, step right next to left
7&8& Rock back on left recover on right, step left next to right, step right to right side

SAILOR ¼ LOCK STEP, ROCK ¼ SAILOR STEP

1&2 Step right foot behind left, step left ¼ right, step right together
3&4 Step left forward, step right behind, step left forward
5&6 Rock forward on right recover on left step right ¼ right
7&8 Step left foot behind right, step on right, step left to left side

TWICE STEP DIP ROCK ½ WALK

1&2 Step forward on right dip both knees down and up
3&4 Step forward on left dip both knees down up
5-6 Rock forward on right recover on left
7-8 Make ½ right stepping on right, step forward left

REPEAT

RESTART

Dance the first 32 steps of the dance. You should the restart after this. You should be facing the 6:00 wall
